

**JUVENILE  
COURT  
RESOURCE  
MANUAL**

# **PURPOSE**

**This manual contains a list of services for youth and their families living in Davidson County, Nashville, TN. The range of services includes counseling, community development, economic/financial aid, education, foreign services, health services, and legal assistance. The manual was designed as a comprehensive tool that can be utilized as an alternative to immediate legal action within the juvenile court system.**

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*\*Indicates that agency is listed under more than one category.*

# **COUNSELING**

# Family and Children's Services



**Description of Services:** Family and Children's Services (F&CS) has been guiding individuals toward more independent and satisfying lives for over 63 years. F&CS offers individual and family counseling, healing resources for domestic violence, substance abuse, depression, and anxiety issues, school-based programs for at-risk children, and trauma intervention services for children/families.

Services also include:

- Counseling / Depression Screening
- Anger Management Classes
- Adoption Services
- Crisis Call Center
- LifeWork Counseling Practice
- Neighborhood-Based Services
- LifeWork Employee Assistance Program (EAP)
- Davidson County Relative Caregiver Program
- Sheba Pet Loss Hotline

[www.fcsnashville.org](http://www.fcsnashville.org)

201 23rd Avenue, North  
Nashville, TN 37203  
(615) 320-0591

*\*See also: Health Services (Sexual Abuse/Rape/Domestic Violence), page 99*



# Lifecare Family Services



**Mission:** To promote mental and emotional healing through interactive and preventative approaches. A process that encourages one's faith, builds healthy relationships, and promotes a journey whereby each individual learns value and purpose in preserving our most precious God given institution: The Family.

**Description of Services:** Lifecare is a faith-based Community Mental Health Center that offers individual or family therapy, child and adult psychiatric care and counseling, therapeutic case management, anger management therapy, and In Home Child and Family Services such as mentoring, life skills, etc.

[www.lifecarefamily.org](http://www.lifecarefamily.org)

446 Metroplex Drive Suite A-100  
Nashville, TN 37211  
(615) 781-0013

Lifecare also has locations in Cookeville and Lebanon

# New Vision, Inc.



**Motto:** No Limits, No Boundaries to Serving Youth.

## **Description of Services:**

- **In-Home Family Services:** provides the family feedback, instructions, and counseling on how to improve their behavior and relationship. Youth and their families have the opportunity to practice skills learned through in-home counseling by actually utilizing skills and techniques learned on a daily basis as they interact with each other.
- **Therapeutic Mentoring:** aimed at youth who display unruly or delinquent behaviors, are unsupervised latch-key children, or who need individualized attention not being provided by a caretaker or school. Therapeutic mentoring is offered during the peak hours that children usually get into trouble or are left home alone. Screened and trained mentors provide positive interactions with mentees to help them develop social skills and increase self-esteem.
- **Anger Management Classes:** open to preteens, teenagers, and adults who have problems managing anger and aggression. Each person has the opportunity to develop an understanding of what causes him or her to empower people to manage their anger without resorting to violence or aggression. Youth and adults learn how to recognize anger, monitor anger, identify personal triggers, and learn the difference between justified and unjustified anger, and develop anger management techniques and ways to get out of difficult situations.

[www.newvisiontn.org](http://www.newvisiontn.org)

475 Metroplex Drive, Suite 101  
Nashville, TN 37211  
(615) 445-8711

# Alcohol and Drug Council of Middle Tennessee



**Mission:** We offer solutions to those affected by alcohol and drug addictions.

**Description of Services:** The Counseling program of the Alcohol and Drug Council of Middle Tennessee, Inc. offers counseling to individuals and/or families who have been impacted by chemical dependency and/or the disease of addiction. Clients may be substance abusers who are currently working an active recovery program, spouses, partners, family members, friends, or significant others affiliated with an individual who is now, or has ever been, a substance abuser. Individual and family treatment is available to recovering persons and their family members who are putting their lives back together.

[www.adcmt.org](http://www.adcmt.org)

2612 Westwood Drive  
Nashville, TN 37204  
(615) 269-0029

# Bradford Health Services



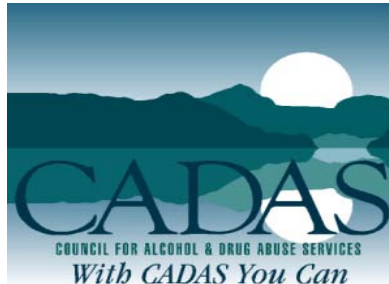
**Mission:** Bradford Health Services is dedicated to creating effective and affordable chemical dependency treatment programs. Through a variety of innovative inpatient and outpatient services, we're bringing new hope to patients and their families - committing ourselves to providing treatment that can work for everyone involved.

**Description of Services:** Bradford Health Services' adolescent program offers comprehensive, individualized treatment for young people. The program is designed to help teenagers and their families find their way back from substance abuse and behavioral problems. Treatment is designed to address the special needs of adolescents, emphasizing individualized academic programs, therapy through recreation, and proven clinical approaches. The program is structured, stimulating, and challenging. It focuses on teenagers from 13-18 years old and their families.

[www.bradfordhealthservices.com](http://www.bradfordhealthservices.com)

621 Mainstream Drive, Suite 230  
Nashville, TN 37228  
(615) 291-2956  
(800) 677-8209

Council for Alcohol & Drug Abuse Services  
**Scholze Adolescent Center**



**Mission:** To achieve lasting change in the values and personalities of each adolescent. Scholze promotes the development of self-restraint, respect for authority, a sense of self as part of a group or community, tolerance for tension or frustration, independence, ability to relate to others and appreciation of the value of work.

**Description of Services:** The Scholze Adolescent Center is a full service treatment facility. Based on the adolescent's substance abuse history and severity of problems, each child is assessed prior to admission to determine the appropriate level of care. Family members are also involved in the assessment. The Center provides 24 hour residential care and is a Tennessee State board of education accredited school. The program includes individual treatment plan, relapse prevention, family services, day treatment services, detoxification services, group and individual therapy, adventure-based therapy, and continuing care.

[www.cadas.org/adol.htm](http://www.cadas.org/adol.htm)

911 Pineville Road  
Chattanooga, TN 37405  
(423) 756-7644

# Centerstone



**Mission:** We seek to prevent and cure behavioral health disorders. Pursuing these goals, we:

- Focus on recovery and resiliency, working with our consumers to define and achieve each individual's best outcome
- Use the best science and the most advanced information technology to improve treatment and provide the best outcomes for our consumers
- Conduct leading-edge research to advance scientific knowledge
- Hold ourselves accountable to our consumers, their families and advocates, our payers and to the community at large.

**Description of Services:** Adolescents, as well as their families, cope with new and sometimes painful challenges. Centerstone has a long, successful history of helping young adults overcome behavioral issues like depression, anger and substance abuse. We begin with individualized treatment plans designed to address specific needs. The clinical experts use proven treatment methods and support from parents, guardians and schools to create an environment of encouragement and trust essential for improvement.

The services include:

- Individual and group counseling
- Psychiatric evaluation and medication management
- School-based counseling and prevention services
- In-home counseling
- Substance abuse and addiction disorder treatment
- Crisis-intervention services
- Family counseling
- Residential group homes

<http://centerstone.org>

P.O. Box 40406  
Nashville, TN 37204  
(615) 460-4357

# Cumberland Heights



**Motto:** Caring for the Whole Person... Treating the Whole Family.

**Description of Services:** Addiction in adolescents progresses much faster than in adults. This program, available for young men and women ages 13-18, offers both outpatient and residential treatment, and emphasizes family participation.

→ Residential Program: When a young person is admitted, a complete physical and psychosocial evaluation is performed to determine an individual treatment plan. This plan addresses family dynamics, peer relationships and the consequences of addiction, and includes:

- Medically supervised detoxification
- Individual and group counseling
- AA/NA participation
- Spiritual counseling
- Family involvement
- Continuing care/aftercare
- Experiential therapy (ropes course, equine therapy)
- Therapeutic recreation

→ Outpatient Program: Cumberland Heights' youth outpatient services are for those in the early stages of chemical abuse or dependency. Treatment is scheduled so young people can continue their school and outside responsibilities and ranges from low intensity therapy (generally 3-hour sessions twice a week) to intensive therapy (held three hours a day, four days a week).

[www.cumberlandheights.org](http://www.cumberlandheights.org)

P.O. Box 90727  
Nashville, TN 37209  
(615) 356-2700

# Elam Mental Health Center



**Description of Services:** Elam Mental Health Center offers an Adolescent Intensive Outpatient drug and alcohol treatment program. It is a 35 day program in which kids meet Monday thru Friday for 7 weeks. The classes are held from 3-6pm each afternoon during the school year, and from 1-4pm during the summer. The program includes:

- Transportation for kids within a 10 miles of the center
- Snacks
- Monthly field trips
- Psychiatric evaluations
- Anger management
- Individual Therapy
- Family and group therapy

This program is available to all adolescents, regardless of whether or not they have insurance. The Elam Mental Health Center also offers drug and alcohol assessments according to the state requirements.

1005 DB Todd Jr. Boulevard  
Nashville, TN 37208  
(615) 327-6255



# Evelyn Frye Center



**Description of Services:** Clinical and consulting programs include:

- Evaluation and treatment services for children, adolescents and adults
- Specialized individual and group psychotherapy programs for persons suffering from co-dependency, chemical, sexual, and/or other addictions
- Day and evening outpatient psychotherapy groups
- Day and evening psycho-educational classes

[www.efrye.com](http://www.efrye.com)  
[cinfo@efrye.com](mailto:cinfo@efrye.com)

2021 Church Street, Suite 800  
Nashville, Tennessee 37203  
(Located in Baptist Hospital Medical Plaza II)  
(615) 385-4090

# Skyline Medical Center



**Description of Services:** The Adolescent Intensive Outpatient Program at Skyline Madison Campus focuses on adolescent substance abuse along with a wide range of behavioral/emotional issues including mood disorders, self-esteem problems, peer issues, self harming behaviors (such as cutting and eating disorders), and family relationship issues. The program provides counseling for four days (Monday - Thursday) throughout a six-week period, from 4 - 6:30pm, with Thursday being family night. Once the teen completes the six-week program, he or she is encouraged to continue in the aftercare support group for four additional weeks. Additional family counseling is also available as needed.

[www.skylinemadisoncampus.com](http://www.skylinemadisoncampus.com)

500 Hospital Drive  
Madison, TN 37115  
(615) 860-6310

# Urban Housing Solutions



**Description of Services:** Urban Housing Solutions seeks to provide housing for low-income individuals or families overcoming homelessness or addiction, or struggling with physical/mental disabilities or HIV/AIDS. Housing at all of the 15 Nashville locations is permanent and income is modified. To apply for housing, call (615)-726-2696, ext. 110, 116, or 118. More information regarding the application process and required forms/documents can be found at the website ([www.urbanhousingsolutions.com](http://www.urbanhousingsolutions.com)) under the “How to Apply for Housing” tab in the left margin of the screen.

Once applicants are accepted into the program as residents, Urban Housing Solutions offers a variety of programs for further assistance:

- Case Managers are on call to connect residents to further services, and a free shuttle is available at some residential locations.
- “Journeys of Hope” is a specific residential facility designed for participants (and their families) who have just left drug rehabilitation centers. Members of this program attend weekly group meetings and one-on-one sessions with the group counselor, in addition to NA or AA meetings. To apply for Journeys of Hope, call (615)-726-2696, ext. 121.
- “The Academy” program attempts to transform the lives of men who were incarcerated, addicted to drugs, and/or homeless. Men in the program learn basic job skills during the day, participate in encounter groups, and prepare for the GED at night. The students of the program are considered teachers for each other. To apply for The Academy, please call (615) 262-3003, send a letter to The Academy at 822 Woodland St. Nashville, TN 37206, or send an e-mail to [theacademy@urbanhousingsolutions.org](mailto:theacademy@urbanhousingsolutions.org)

[www.urbanhousingsolutions.org](http://www.urbanhousingsolutions.org)  
Email: [info@urbanhousingsolutions.com](mailto:info@urbanhousingsolutions.com)

411 Murfreesboro Pike  
Nashville, TN 37210  
(615)-726-2696

\* See also: *Economic and Financial Aid (Assisted Housing)*, page 60

# Vanderbilt Mental Health Center



**Description of Services:** The Division of Child & Adolescent Psychiatry provides clinical services for children and adolescents with neuropsychiatric disturbances and trains medical students, residents, and fellows in child and adolescent psychiatry. The program reflects a balanced emphasis on developmental psychopathology, psychodynamic psychiatry and neurobiology. The faculty treats psychosomatic difficulties, alcohol and substance abuse, post traumatic stress disorder and other anxiety disorders, affective disorders, psychotic disorders, and disruptive behavior disorders.

Established in 1969, the child psychiatry residency program provides extensive training in inpatient and outpatient psychiatry and in pediatric consultation-liaison psychiatry. Fellows develop expertise in the treatment of severe psychopathology through rotations in forensic child psychiatry, school-based consultation, and multidisciplinary experience in pediatric child development and pediatric neurology. An array of seminars and research activities invite participation at all levels of the child and adolescent psychiatry training experience.

Vanderbilt also offers an intensive outpatient program for juvenile sex offenders.

[www.mc.vanderbilt.edu/psychiatry](http://www.mc.vanderbilt.edu/psychiatry)

(615) 327-7009

*\*See also: Health Services (Psychiatric), page 98*

# Crisis Center



**Motto:** Preventing suicides and offering support for individuals and families...

## **Description of Services:**

- *Crisis* hotline: trained volunteers and staff assist callers with a wide variety of problems, including grief and loss, drug and alcohol problems, mental health issues, and suicide. The compassionate telephone counselors are available when no one else will listen. Hotline hours are 2:00 pm until midnight, 7 days a week.
- 24 hour *help* line: is also available through the Crisis Center. This is an information and referral line where trained counselors provide caring emotional support and resource referrals to assist with basic and emergency needs such as food, clothing, safe shelter, affordable housing, and mental health counseling.
- Support groups for people who have been affected by suicide are offered at the Crisis Center

[www.crisiscntr.org](http://www.crisiscntr.org)  
[crisiscenterinfo@fcsnashville.org](mailto:crisiscenterinfo@fcsnashville.org)

(615) 244-7444  
Crisis Line  
(615) 269-4357  
Help Line

# Mourning to Morning



**Motto:** Hope for the journey through grief.

**Description of Services:** The Mourning to Morning Ministry provides a warm atmosphere of caring acceptance and confidentiality where the grieving can find support, understanding, and friendship to help reshape their lives at a time when they barely have the energy to live day by day. At Mourning to Morning, you'll find information and literature, individual and group counseling, and social interaction with others who are also experiencing loss. Mourning to Morning offers a quiet place of help and hope... a place for you. Be assured that by the grace of God and the caring support of understanding friends, you too can make the journey from Mourning to Morning.

[www.mourningtomorning.org](http://www.mourningtomorning.org)  
[mr@mourningtomorning.org](mailto:mr@mourningtomorning.org)

P.O. Box 91078  
Nashville, TN 37209  
(615) 460-4673

# Oasis Center



**Mission:** To help youth grow, thrive, and create positive change in their lives and in our community.

## **Description of Services:**

- **Counseling services:** For youth ages 13-17 and their families. Individual, family and group therapy is provided by Oasis Center to assist youth with recognizing their strengths and coping with the wide range of difficult issues they face: conflicts at home or school, alcohol and drug abuse, violence and physical abuse, as well as figuring out how and where they can strengthen their contribution in building a better community for us all.
- **Family Mediation:** (available on a court-ordered basis). It is a facilitated process that works with unmarried parents to resolve issues of visitation, child support, custody, and delinquent and unruly behaviors of children. Agreements arrived at through mediation may also include plans or family or individual therapy, crisis management and accessing resources in the future.
- **Community education:** through workshops and support sessions that address a variety of issues and needs. Topics have included parenting skills; suicide prevention; depression, coping skills and mental health; conflict resolution; young women's issues; safety for Gay and Lesbian youth; and effective communication with adolescents.
- **Emergency shelter facility for teens in crisis**

[www.oasiscenter.org](http://www.oasiscenter.org)

1221 16th Avenue, South  
Nashville, TN 37212  
(615) 327-4455

# Sexual Assault Center (SAC)

*(Formally known as Rape and Sexual Assault Center - RASAC)*



**Mission:** Helping children and adults heal from the effects of rape and sexual abuse and reducing risk through therapy, education, training and advocacy.

**Description of Services:** SAC offers individual and group counseling and therapy for children, teenagers, adults who were abused as children, rape survivors, non-offending guardians and family, and to Spanish-speaking clients.

<http://rasac.org/>

101 French Landing  
Nashville, TN 37228  
(615) 259-9055

Crisis Line: 1-800-879-1999

*\*See also: Health Services (Sexual Abuse/Rape/Domestic Violence), page 104*



# Agape Christian Counseling



**Mission:** To serve the needs of families and children in Middle Tennessee through adoption, foster care, unplanned pregnancy support services, and faith-based counseling and psychological services with an unconditional, **agape** love.

**Description of Services:** Agape Christian Counseling offers both individual and family counseling. We live in a world where children and families face an ever-increasing number of pressures. Agape's licensed staff counselors are able to help individuals, as well as families, deal with these pressures. A sliding scale fee makes this service available to anyone needing help. Whether its depression, anxiety, or emotional or behavioral challenges with a child, Agape's dedicated professionals want to help you back on the path to healing.

[www.agapenashville.org](http://www.agapenashville.org)

4555 Trousdale  
Nashville, TN 37204  
(615) 781-3000

# Daystar Counseling Ministries



**Mission:** As one life touches another through the process of softening, shaping, and strengthening, God's hand begins to move. He uses a place that is not perfect, but is committed to being a safe place, to remind each of us of who He has created us to be, and who we will one day become. **Soften...** in both groups and individual counseling, we seek to break through the hard exterior that many of us develop as we walk through life. **Shape...** shaping comes through a direct process of helping clients see the reality of not only how we have been hurt, but how we hurt others. **Strengthen...** As clients begin to have a glimpse of who God has created them to be, strengthening takes place.

**Description of Services:** Daystar is a non-profit counseling ministry established in 1985 to serve the needs of the community, particularly those of children, adolescents, families, and young adults.

Services include:

- Private counseling
- Child and adolescent groups
- Retreats
- Monthly parent groups
- Summer programs.

[www.daystarcounselingministries.org](http://www.daystarcounselingministries.org)

2801 Azalea Place  
Nashville, TN 37204  
(615) 298-5353

# Jewish Family Service



**Mission:** Jewish Family Service provides professional social services from Jewish perspectives which respond to and support individuals and families through life's transitions.

Jewish Family Service strives to:

- Improve social, emotional and economic conditions
- Enhance personal growth
- Increase opportunities for independent, productive and satisfying lives

**Description of Services:** The staff of Licensed Clinical Social Workers provides professional assessment for treatment or referral for a wide range of psycho-social problems, including:

- Anxiety, Depression, Phobias, Addiction
- Adjustment problems at work or school
- Relationship conflicts with friends, or partners
- Family, parenting or child problems

Counseling sessions are offered to individuals, families, and groups. Parenting classes are also available through the organization.

[www.jfsnashville.org](http://www.jfsnashville.org)  
[info@jfsnashville.org](mailto:info@jfsnashville.org)

801 Percy Warner Blvd., Suite 103  
Nashville, TN 37205  
(615) 356-4234

# Madison Christian Counseling Center



**Philosophy:** Sometimes, life can hurt. It can break your heart. Disappoint you. Make you anxious. Confuse you. Bring you pain and grief. It's hard. But we were never promised it wouldn't be. In fact, the Bible is full of stories about people who experienced difficult times in their lives. When these times happen, some of us struggle more than others trying to find a way to cope. Sometimes we reach out to the wrong thing or the wrong person looking for help and expect that to ease our pain - only to be disappointed again. If you have come to a place in your life where you just don't know where to turn or what to do - we believe we can help.

**Description of Services:** Madison Christian Counseling offers a broad range of services including:

- Individual counseling
- Group counseling for children, teens and adults
- Family counseling
- Play therapy
- Career assessment
- Psychological testing

[www.madisoncofc.org/christiancounselingcenter.shtml](http://www.madisoncofc.org/christiancounselingcenter.shtml)  
[frank@madisoncofc.org](mailto:frank@madisoncofc.org)

106 North Gallatin Pike  
Madison, TN 37115  
(615) 860-3286

# Pastoral Counseling Centers of Tennessee, Inc.



**Mission:** The Pastoral Counseling Centers of Tennessee is a ministry of professional care dedicated to healing and growth in human life and relationships. In partnership with local congregations the centers are committed to providing clinical and education services to all who need these services.

**Description of Services:** Pastoral Counseling is a unique form of counseling which uses spiritual resources as well as psychological understanding for healing and growth. It is provided by Pastoral Counselors who are not only mental health professionals but persons who have in-depth religious and theological training. Most pastoral counselors are ordained clergy or persons otherwise endorsed by a religious faith group. Counseling is offered to deal with the following issues:

- Depression
- Alcoholism
- Addictions
- Anger
- Stress and anxiety
- Coping with crisis
- Children/family issues
- Sexual abuse.

[www.pastoralcounselingctrs.org](http://www.pastoralcounselingctrs.org)

100 Vine Court  
Nashville, TN 37205  
(615) 383-2115

# Tennessee Voices for Children



**Mission:** Tennessee Voices for Children, Inc. speaks out as active advocates for the emotional and behavioral well-being of children and their families

**Description of Services:** Tennessee Voices for Children (TVC) attempts to bridge the gap between professionals and families to form an alliance that works in the best interest of the child. TVC offers a number of programs, including:

- The Tennessee Respite Network: a network of statewide referrals and services for families of children (0-18) with serious disabilities.
- Child Care Consulting Program: provides onsite consultation to parents and teachers of preschools throughout Tennessee. The program addresses topics such as child development, classroom behavior, behavioral screening, etc.
- TeenScreen: Focuses on early identification of adolescent problems, such as depression and anxiety, through education, screening, and treatment.
- Tennessee Parent Information and Resource Center Program (TPIRC): enables parents of pre-school and elementary school-aged children, especially the economically disadvantaged, to effectively help their children meet educational standards and achieve developmental goals. The program encourages schools to actively involve parents in school programs and activities.

<http://www.tnvoices.org/>  
TVC@tnvoices.org

Main Location (Middle TN)  
701 Bradford Avenue  
Nashville, TN 37204  
(615)-269-7751

*\*See also: Educational Services (Childcare/Preschool Education), page 76*

# Youth Villages Intercept Program



**Mission:** To help children and families live successfully.

**Description of Services:** Intercept provides treatment to troubled children and families in their own homes at times convenient for the families. Counselors with small case loads—four to five families—focus on helping the child and family at home, in school, and in the community. The program serves children of any age (infant to 18) who have serious emotional and behavioral problems. Intercept is based on the principles and practices of research-based mental health treatment. Youth Villages' fourteen years of data from on-going outcome evaluation studies have demonstrated that 80% of youth are successful up to two years after discharge from the program, although random assignment clinical studies have not yet established the effectiveness of the program.

Intercept serves a broad population of youth, including those involved with multiple child-serving systems and those at high risk of removal from their families. The program specializes in diverting youth from out of home placements by helping their families safely maintain youth in their home environment. Intercept also focuses on reunification of youth who are in a residential treatment or foster home setting; counselors are skilled at reuniting families even when the child has been out of the home for an extended period.

[www.youthvillages.org](http://www.youthvillages.org)

3310 Perimeter Hill Drive  
Nashville, TN 37211  
(615) 250-7200

# Mental Health Cooperative



**Mission:** MHC will assist people with serious and persistent mental illness and children with serious emotional disturbances live successfully in their environments of choice with the least amount of professional intervention possible.

**Description of Services:** MHC's professionals focus on reducing the impact of the illness through illness management strategies. MHC's psychiatrists, advanced practice nurses, and nurses provide education about the illness, symptoms of the illness, coping skills, medications, and side effect to help consumers fully understand both their illness and their treatment. They work with each consumer on barriers to medication use, such as a lack of efficacy, side effects, or medication costs. MHC believes that knowledge and skills to effectively manage the illness increases the consumer's overall health and well being.

[www.mhc-tn.org](http://www.mhc-tn.org)  
[info@mhc-tn.org](mailto:info@mhc-tn.org)

275 Cumberland Bend Drive  
Nashville, Tennessee 37228  
(615) 726-3340  
(615) 726-0125 [24 hour crisis care]



# Vanderbilt Center of Excellence



## Description of Services:

- Close collaboration with the Tennessee Dept of Children Services to assist caseworkers in their efforts to secure EPSDT related services.
- Education and training to DCS staff and the pediatric and mental health provider community regarding EPSDT services and best practice guidelines to improve outcomes.
- Consultation with the provider community to assist in care plan development and the diagnosis and treatment of children.
- On-site case staffing assistance for 4 DCS regions, covering 39 middle Tennessee counties, helping to identify and resolve problems or obstacles in acquiring effective services.
- Collaboration with the MCO and BHO in network development, by helping to identify and recruit providers and providing monitoring information about the performance of providers.
- Tertiary care coordination for ordered services and assist in appointment coordination and medical record collection.
- Limited direct services to children with complex cases (psychiatric and psychological evaluations and psychiatric medication management).

[www.mc.vanderbilt.edu/coe](http://www.mc.vanderbilt.edu/coe)

Village at Vanderbilt Suite 1100  
1500 21st Ave South  
Nashville, TN 37212  
(615) 322-8701

# Cedar Grove



**Description of Services:** Cedar Grove is a residential treatment facility that serves sexually reactive and sexually abusive youth. An individualized treatment plan is developed jointly with the youth, family, and/or referring agency. Each resident participates in a variety of indoor and outdoor, which are designed to help them learn the skills necessary to make positive changes in their behavior, attitudes, and interpersonal relationships. The goal for all youth placed at Cedar Grove is to successfully reunite them with their family and their community upon the completion of treatment.

Services include:

- Sex Offense Specific Group Counseling and Curricula
- Individual, Group, and Family counseling
- Psychiatric Services
- Social Skills Training and Psychosexual Groups
- Relapse Prevention Training
- Substance Abuse Services
- Educational Programming (including SPED)
- Recreational Services
- Family Support and Home Visits
- Student Work Program
- Discharge/After Care Plans

[www.kidlinknetwork.com/UHS002A2-CdrGrv5lo.pdf](http://www.kidlinknetwork.com/UHS002A2-CdrGrv5lo.pdf)

1640 Lascassas Highway  
Murfreesboro, TN 37130  
(615) 895-9590

# Mercy Ministries



**Mission:** Mercy Ministries exists to provide opportunities for young women to experience God’s unconditional love, forgiveness, and life-transforming power.

**Description of Services:** Mercy Ministries is a residential program for women is designed to address the whole person: spiritual, physical and emotional. The program strives to adhere to the core values of excellence, unconditional love and accountability. The program is free-of-charge and lasts approximately six months. The goal of Mercy Ministries is to have each young woman not only complete the program, but also discover the purpose for her life and bring value to her community as a productive citizen.

Services include:

- Individualized programs
- Biblically-based counseling
- Nutrition education
- Fitness instruction
- Life-skills training and educational opportunities

[www.mercyministries.org](http://www.mercyministries.org)  
[info@mercymministries.com](mailto:info@mercymministries.com)

PO Box 111060  
Nashville, TN 37222  
(615)-831-6987

*\*See also: Health Services (Sexual Abuse/Rape/Domestic Violence), page 100*

# Youth Villages



**Mission:** To help children and families live successfully.

**Description of Services:** Youth Villages provides residential treatment to boys and girls on three open campuses. Our Center for Intensive Residential Treatment (CIRT) provides even more intensive treatment for children and teenagers who require constant supervision due to serious behaviors and mental health issues. Youth Villages also offers two intensive In-Home therapy programs.

[www.youthvillages.org](http://www.youthvillages.org)

3310 Perimeter Hill Drive  
Nashville, TN 37211  
(615) 250-7200

# **COMMUNITY DEVELOPMENT**

# Boys & Girls Club of Middle TN



**BOYS & GIRLS CLUBS  
OF MIDDLE TENNESSEE**

**Mission:** To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

**Description of Services:** The Boys & Girls Club provides a safe place to learn and grow, fostering ongoing relationships with caring, adult professionals, life-enhancing programs and character development experiences, and hope and opportunity. The Boys & Girls Club offers core programs in character and leadership development, education and career development, health and life skills, the arts, and sports and recreation.

<http://www.bgcmt.org/>

North Nashville  
Andrew Jackson Boys & Girls Club  
Director: Marcus Lillard  
[mlillard@bgcmt.org](mailto:mlillard@bgcmt.org)  
916 16<sup>th</sup> Ave. N  
Nashville, TN 37208  
(615)-320-5106

West Nashville  
Preston Taylor Boys & Girls Club/YMCA  
McKissack Middle School  
Co-Director: Dantriel McWilliams  
[dmcwilliams@ymcamidtn.org](mailto:dmcwilliams@ymcamidtn.org)  
915 38<sup>th</sup> Ave. N  
Nashville, TN 37209  
(615)-341-0101

South Nashville  
Thompson Lane Boys & Girls Club  
Thompson Lane Teen Center  
(Antioch Middle School)  
Director: John Hamilton  
[jhamilton@bgcmt.org](mailto:jhamilton@bgcmt.org)  
5050 Blue Hole Road  
Antioch, TN 37204  
(615) 833-4900

South Nashville  
Vine Hill Boys & Girls Club  
Director: Jeff Darnell  
[jdarnell@bgcmt.org](mailto:jdarnell@bgcmt.org)  
601 Benton Ave  
Nashville, TN 37204  
(615)-298-3345

# Bethlehem Centers of Nashville



**Mission:** Change Lives and Build Futures.

**Description of Services:** The Bethlehem Centers Youth Development Program offers several areas of opportunity for youth ages 12-18 to learn skills that will positively influence them personally, academically, and professionally. These programs provide skills such as hands on job training through summer internships, drug and alcohol prevention, self esteem building, and health and physical fitness. The main campus, also known as North Center, has child care services for children 15 months - 12 years old (including after care), youth services, adult education and workforce development, senior services and community outreach.

Services provided at the Bethlehem Family Resource Center include:

- Life skills training
- Youth development
- Academic enrichment
- Childcare
- Nutrition instruction
- Family literacy programs
- Senior outreach services
- Business training for youth
- Mental health services
- Tutoring
- Adult education

[http://www.bethlehemcenters.org/programs\\_youthdevelopment.html](http://www.bethlehemcenters.org/programs_youthdevelopment.html)

1417 Charlotte Avenue  
Nashville, TN 37203  
(615) 329-3386

# Martha O'Bryan Center



**Mission:** On a foundation of Christian faith, the Martha O'Bryan Center empowers children, youth, and adults in poverty to transform their lives through work, education, employment and fellowship.

**Description of Services:** The Martha O'Bryan Center targets residents of the James A. Cayce homes and other residents of East Nashville to provide a wide range of community aid.

- Reading Achievement Program: offers help to youth behind in reading
- Comprehensive Family Resource Center: connects families with its partnerships' public and private social services
- Emergency food bank
- Joyful noise worship service (bi-weekly)

<http://www.marthaobryan.org/>  
[info@marthaobryan.org](mailto:info@marthaobryan.org)

711 South Seventh Street  
Nashville, TN 37206-3895  
(615) 254-1791



# United Way Designated Family Resource Centers



**Description of Services:** Services include tutoring, family and group counseling for students and parents, individual and family trauma counseling, domestic violence support groups, health screening and referrals, clothing bank, parenting education, senior services, and youth character development. Each Family Resource Center is a partnership with various public and private agencies and organizations providing services for people in that community. Some of these programs are funded by United Way of Metropolitan Nashville; other sources of funding provide the remainder of support.

## **Locations and Contact Information:**

- Bethlehem Centers (615) 329-3386 Ext. 119
- Bordeaux/Northwest (615) 291-6355 Ext.104
- Martha O'Bryan (Cayce) (615) 254-1791 Ext. 213
- Cora Howe (615) 650-6851
- Fall-Hamilton (615) 291-6442
- Maplewood (615) 259-5575
- McGruder (615) 242-4681
- McKissack (615) 321-8366
- Napier (615) 327-0833/(615)271-1765
- Northeast (615) 255-0554
- Pearl-Cohn (615) 321-8361
- South Nashville (615) 479-2106
- St. Luke's (615) 350-1131

<http://www.uwtn.org/content/index.php?pid=97>

# YMCA



**Mission:** A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping persons grow in spirit, mind and body.

## **Description of Services:**

- Teen Center: aquatic services, sports, and a safe place for teens
- YCAP (YMCA Community Action Project): a center for at-risk youth in East Nashville
- SMARTkids: character development program for youth.
- Positive Beginnings program: *must be referred by a Probation Officer*
- The YMCA also manages the Warren's House group home
- Mentoring Services: (Black and Hispanic Achievers): helps young adults in making and meeting high academic and career goals through mentoring/teaching.

<http://www.ymcamidtn.org/>

1021 Russell Street  
Nashville, TN 37206  
(615) 259-3418

*For Mentoring Services:*

[www.ymcanashvilleba.org](http://www.ymcanashvilleba.org)

# Tennessee Family Solutions



**Mission:** To help people with severe developmental disabilities lead safe, stable and personally fulfilling lifestyles in Tennessee communities.

**Description of Services:** TFS helps people with severe developmental disabilities find and sustain a fulfilling lifestyle through formatting an Individual Support Plan. Participants live in community with nearby teachers, available to help them with daily life tasks as needed. Teachers, behavior consultants, and health-care specialists are on site and accessible.

<http://www.tennesseefamilysolutions.com/>  
801 2<sup>nd</sup> Avenue, South  
Nashville, TN 37210  
(615) 255-8870

# Big Brothers Big Sisters of Middle Tennessee



**Big Brothers Big Sisters**  
of Middle Tennessee

**Mission:** To help children reach their potential through professionally supported one-to-one relationships with mentors that have a measurable impact on youth.

**Description of Services:** Big Brothers Big Sisters is the oldest and largest youth mentoring organization in the United States. The program pairs a Big with a Little to form a mentoring partnership, focused on children ages 6-18.

<http://www.bbbsmt.org/home>

1704 Charlotte Avenue, Suite 130  
Nashville, Tennessee 37203  
(615) 329-9191

# Metro Action Commission



**Purpose:** Securing and expending federal grants in accordance with regulations regarding the eradication of poverty

**Description of Services:** Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. It cares about the entire community and is dedicated to helping people help themselves and each other. Programs include a Low Income Home Energy Assistance Program and programs dealing with emergency, homelessness, financial crisis hardship, and general financial assistance.

<http://www.nashville.gov/mac/>

1624 5<sup>th</sup> Avenue North  
Nashville, TN 37208  
(615) 862-8860

*\*See also: Economic and Financial Aid (Employment Opportunities and Job Training), page 61*

# New Vision, Inc.



**Motto:** No Limits, No Boundaries to Serving Youth.

## **Description of Services:**

- **In-Home Family Services:** provides the family feedback, instructions, and counseling on how to improve their behavior and relationship. Youth and their families have the opportunity to practice skills learned through in-home counseling by actually utilizing skills and techniques learned on a daily basis as they interact with each other.
- **Therapeutic Mentoring:** aimed at youth who display unruly or delinquent behaviors, are unsupervised latch-key children, or who need individualized attention not being provided by a caretaker or school. Therapeutic mentoring is offered during the peak hours that children usually get into trouble or are left home alone. Screened and trained mentors provide positive interactions with mentees to help them develop social skills and increase self-esteem.
- **Anger Management Classes:** open to preteens, teenagers, and adults who have problems managing anger and aggression. Each person has the opportunity to develop an understanding of what causes him or her to empower people to manage their anger without resorting to violence or aggression. Youth and adults learn how to recognize anger, monitor anger, identify personal triggers, and learn the difference between justified and unjustified anger, and develop anger management techniques and ways to get out of difficult situations.

[www.newvisiontn.org](http://www.newvisiontn.org)

475 Metroplex Drive, Suite 101  
Nashville, TN 37211  
(615) 445-8711

*\*See also: Counseling (In-Home Treatment), page 28*

# Project S.H.A.R.E.

*A mentoring program of Monroe Harding, Inc.*



**Description of Services:** Project SHARE is a comprehensive program that encourages healthy attitudes regarding education by matching at-risk elementary students with adult mentors. Project SHARE is a collaborative program between Monroe Harding, the Rape & Sexual Abuse Center, Juvenile Truancy Boards and Nashville Metro Public Schools. Referrals can be made by anyone.

Services include:

- English as a second language mentoring (ESOL)
- After school mentoring
- Bullying prevention
- One-on-one mentoring program

<http://www.monroeharding.org>  
[laquitaharrison@monroeharding.org](mailto:laquitaharrison@monroeharding.org)

1120 Glendale Lane  
Nashville, TN 37204  
(615) 298-5573 ext 136

# Bright Beginnings and HUGS



**Description of Services:** HUGS is a home visiting program geared towards pregnant teenagers and women, whereas Bright Beginnings is strictly for teenagers. At no charge, these agencies provide one-on-one case management for families with young infants or pregnant mothers. They educate and teach, catering their services to the families/individuals that they aid.

3718 Nolensville Road  
Nashville, TN 37211  
(615) 862-7942



# Catholic Charities of TN, Inc.



**Mission:** To exercise leadership in assisting its membership, particularly the diocesan Catholic Charities agencies and supporting group members, in their mission of service, advocacy and convening.

## **Description of Services:**

- Programs in family assistance and community employment services
- Caring choices (pregnancy counseling and adoption)
- Refugee services
- Child welfare
- Geriatrics
- Counseling services
- Hispanic family services
- Services regarding poverty/healthcare
- Immigration services

[www.cctenn.org](http://www.cctenn.org)

30 White Bridge Road  
Nashville, TN 37205  
(615) 352-3087

# Exchange Club Family Center



**Mission:** To promote healthy, happy families by reducing the occurrence and effects of child abuse and neglect.

**Description of Services:** The Exchange Club Family Center of Middle Tennessee provides a variety of services designed to prevent child abuse and neglect. They work primarily with families who are considered at risk of abuse and neglect, but their services are available to any person who has a sincere interest in strengthening his or her family relationships.

Services in Davidson and Rutherford Counties include:

- Parent Education Classes for children of all ages
- Supervised visitation
- Safe exchanges
- In-home family counseling
- Parent consultations

<http://www.familycentertn.org>

139 Thompson Lane  
Nashville, TN 37211  
(615) 333-2644

115 Heritage Park Drive  
Murfreesboro, TN 37129  
(615) 890-4673

# Grace M. Eaton Childcare & Parent Resource Center



**Mission:** To provide quality childcare and educational development to children of working parents or parents enrolled in educational or job training programs. Our mission is guided by the premise that children should have a right to affordable, quality childcare.

**Description of Services:** The Grace M. Eaton Child Care and Parent Resource Center offers childcare in a loving, learning environment for children 6-weeks to 12-years-old of low-income families. The agency ensures that children are cared for in an environment characterized by low staff-child ratios, small group sizes, qualified caring staff, an innovative child development curriculum, optimal health and safety standards, and a planned program of parent involvement.

The Center:

- Serves a nutritious breakfast, lunch, and afternoon snack daily
- Offers speech, language, and hearing testing; an early literacy intervention program
- Provides on-site therapy program for children with behavior issues
- Literacy program provides a Literacy Coordinator on site to help teachers and provide individual tutoring
- Provides a tutoring program for school age children by partnering with Fisk University, Vanderbilt University, and Tennessee State University
- Offers a Pre-K Program that follows Metropolitan Board of Education guidelines.

To apply for the program, visit the “Applications” tab of the main website, or visit:  
<http://www.gracemeaton.org/Child%20Enrollment%20Application%20GME.pdf>

<http://www.gracemeaton.org/>

1708 Pearl Street  
Nashville, TN 37203  
(615)-329-3341

*\*See also: Educational Services, page 73*

# Healthy Start



**Description of Services:** Healthy Start is a home visiting service for first time parents. They provide prenatal care to expecting mothers. An infant must be registered before they turn 4 months old. There is follow up for mothers and children until the child turns three years of age. Healthy Start provides support, education, resources, parenting skills, and child health disease prevention. They works to meet the individual needs of their clients.

[http://health.nashville.gov/CH/ch\\_healthy.htm](http://health.nashville.gov/CH/ch_healthy.htm)

(615) 880-2159

# Hope Clinic for Women



**Mission:** Hope Clinic for Women is a faith based, safe and confidential place for anyone dealing with life choices regarding past, present, and future pregnancies. It provides education, counsel and medical care for anyone regardless of age, race, or religion.

## **Description of Services:**

- Free pregnancy tests
- Counseling, education, and information regarding abortion/post abortion help
- Prenatal education classes
- STD testing and PAP smears for \$15

<http://www.hopeclinicforwomen.org/>

1810 Hayes Street  
Nashville, TN 37203  
(615) 321-0005

# Miriam's Promise



**Mission:** To ensure the well-being of children before, during, and after birth.

**Description of Services:** Miriam's Promise offers pregnancy, parenting and adoption services, as well as free counseling.

522 Russell Street  
Nashville, TN 37206  
(615) 292-3500

# Nurses for Newborns



**Mission:** To provide a safety net for families most at risk; to help prevent infant mortality, child abuse and neglect through home based programs that provide education, healthcare and positive parenting skills.

**Description of Services:** All programs focus on child care and the development of good parenting skills:

- Bright Futures Program: helps women who are currently receiving no prenatal care
- Safe Beginnings Programs: helps mentally retarded and/or developmentally disabled, mentally ill, and physically challenged women who are either pregnant or new mothers
- Bridge to the Future Program: aids weak infants who need help making the “bridge” out of the hospital into the community
- Teen Parent Program: helps youth under age 19 who are first time mothers

<http://www.nfnf.org/tennessee.php>

50 Vantage Way, Suite 101  
Nashville, TN 37228  
(615) 313-9989  
Toll Free: 1-888-654-7427

# Planned Parenthood



**Mission:** To provide leadership in ensuring the provision of comprehensive reproductive and complementary health care services in settings that preserve and protect the essential privacy and rights of each individual.

**Description of Services:** Planned Parenthood offers family planning and reproductive health care to women, in addition to providing health education. They also provide pregnancy tests, STD/STI testing and treatment, pregnancy options counseling, reproductive and health related surgical services, and general health care services.

Planned Parenthood is involved in:

- Advocating public policies that guarantee these rights and ensure access to such services.
- Providing educational programs that enhance understanding of individual and societal implications of human sexuality.
- Promoting research and the advancement of technology in reproductive health care
- Encouraging the understanding of inherent bioethical, behavioral, and social implications.

<http://www.plannedparenthood.org/>  
<http://www.ppmet.org>

412 DB Todd Jr. Blvd  
Nashville, TN 37203  
(615) 321-7216

Toll Free Information: 1-800-230-7526



# Prevent Child Abuse Tennessee



**Prevent Child Abuse**  
America

**Mission:** To prevent abuse and neglect of Tennessee's children.

**Description of Services:** Prevent Child Abuse Tennessee, Inc. (PCAT) offers parental training and support, primary prevention, public education, and advocacy for children.

Programs offered include:

- Parent Pathway
- Nurturing Parent Education classes
- Circle of Parents
- Kids Don't Come With Instructions
- Parent Helpline/Domestic Violence Hotline

[www.pcat.org](http://www.pcat.org)

1120 Glendale Lane  
Nashville, TN 37204  
(615) 383-0994

Kids Don't Come With Instructions Parent Helpline: 1-800-356-6767

*\*See also: Health Services (Sexual Abuse/Rape/Domestic Violence), page 103*

# **ECONOMIC AND FINANCIAL AID**

# Metropolitan Development & Housing Agency



**Mission:** To create affordable housing opportunities for Nashvillians, nurture our neighborhoods, and build a greater downtown.

**Description of Services:** There are 13 family-based housing communities and 7 elderly and disabled communities. Applications can be submitted to the individual housing property offices.

<http://www.nashville.gov/mdha/>

701 South Sixth Street  
Nashville, Tennessee 37206

Mailing Address:  
P.O. Box 846  
Nashville, Tennessee 37202

(615) 252-8400  
Resident Safety Hotline #: (615) 252-8406

# Financial Literacy & Homebuyer Education Classes (PENCIL Foundation)



**Description of Services:** Offered through the PENCIL Foundation, the Financial Literacy program provides participants with valuable basic financial knowledge to help them develop smart money management skills that will empower them to achieve financial independence.

Pre-purchase education provides participants with components which are designed to educate and build new skills for prospective buyers on all facets of the home buying process.

Typical subjects include:

- Homeownership readiness and affordability
- Money and credit management
- Types of properties and financing available
- Purchase, mortgage and closing process
- Home maintenance
- Financial management after the sale

Classes are currently offered on the 3<sup>rd</sup> Saturday of every month at the PENCIL Foundation. To check for class offerings, times, and availability, call: (615)-242-3167 or visit the “Pencil Programs” tab of the website at <http://www.pencilfd.org/home>.

<http://www.pencilfd.org/home>

421 Great Circle Road  
Nashville, TN 37228  
(615)-242-3167

*\*See also: Educational Services (Adult Education Classes), page 71*

# Section 8 Housing Assistance



**Description of Services:** The Section 8 Housing Choice Voucher and Moderate Rehabilitation Programs is a federally funded program managed by the Rental Assistance Department of MDHA. The program helps families find safe and adequate housing in the *private* market and helps cut the cost of rent and utility bills. The homeowners will generally pay 30-40% of the income *or* a minimum of \$50.00 per month for rent/utilities while MDHA picks up the difference. Homes must pass a Housing Quality Standard before being eligible.

The program also offers a Family Unification Program, where Section 8 Assistance is granted to families who have had children removed due to improper housing, and a Family Self-Sufficiency Program, where participants are provided with services to eventually achieve independent status without governmental assistance.

*Though the program is currently closed until mid- 2009*, the necessary forms (Section 8 Registration Form and the Request for Tenancy Approval Form) are available online and must be submitted to the MDHA Rental Assistance Office.

# Urban Housing Solutions



**Description of Services:** Urban Housing Solutions seeks to provide housing for low-income individuals or families overcoming homelessness or addiction, or struggling with physical/mental disabilities or HIV/AIDS. Housing at all of the 15 Nashville locations is permanent and income is modified. To apply for housing, call (615)-726-2696, ext. 110, 116, or 118. More information regarding the application process and required forms/documents can be found at the website ([www.urbanhousingsolutions.com](http://www.urbanhousingsolutions.com)) under the “How to Apply for Housing” tab in the left margin of the screen.

Once applicants are accepted into the program as residents, Urban Housing Solutions offers a variety of programs for further assistance:

- Case Managers are on call to connect residents to further services, and a free shuttle is available at some residential locations.
- “Journeys of Hope” is a specific residential facility designed for participants (and their families) who have just left drug rehabilitation centers. Members of this program attend weekly group meetings and one-on-one sessions with the group counselor, in addition to NA or AA meetings. To apply for Journeys of Hope, call (615)-726-2696, ext. 121.
- “The Academy” program attempts to transform the lives of men who were incarcerated, addicted to drugs, and/or homeless. Men in the program learn basic job skills during the day, participate in encounter groups, and prepare for the GED at night. The students of the program are considered teachers for each other. To apply for The Academy, please call (615) 262-3003, send a letter to The Academy at 822 Woodland St. Nashville, TN 37206, or send an e-mail to [theacademy@urbanhousingsolutions.org](mailto:theacademy@urbanhousingsolutions.org)

[www.urbanhousingsolutions.org](http://www.urbanhousingsolutions.org)  
Email: [info@urbanhousingsolutions.com](mailto:info@urbanhousingsolutions.com)

411 Murfreesboro Pike  
Nashville, TN 37210  
(615) 726-2696

*\*See also: Counseling (Drug and Alcohol Rehabilitation), page 17*

# Metro Action Commission



**Purpose:** Securing and expending federal grants in accordance with regulations regarding the eradication of poverty

**Description of Services:** Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. It cares about the entire community and is dedicated to helping people help themselves and each other. Programs include a Low Income Home Energy Assistance Program and programs dealing with emergency, homelessness, financial crisis hardship, and general financial assistance.

<http://www.nashville.gov/mac/>

1624 5<sup>th</sup> Avenue North  
Nashville, TN 37208  
(615) 862-8860

*\*See also: Community Development (Mentoring), page 43*

# Monroe Harding, Inc.



**Mission:** To partner with at-risk youth and families to provide a bridge toward independence and success.

**Description of Services:** Monroe Harding, Inc. boasts a residential program, providing a home to at-risk youth aged 16-21 who have been removed from their home due to abuse, neglect, or behavioral problems. There is also a Youth Connections Resource Center which equips youth in the areas of education, employment, housing, life skills and well-being. They also offer financial management training and classes.

<http://www.monroeharding.org/>

1120 Glendale Lane  
Nashville TN 37204  
(615) 298-5573



# Nashville Career Advancement Center



**Description of Services:** Online career advancement website with access to job listings, sample resumes, and job fair postings.

<http://www.midtncareercenters.org/>

621 Mainstream Drive, Suite 210  
Nashville, TN 37228  
(615)-862-8890

# Y-BUILD



**Mission:** To support urban young men between the ages of 18-24 to grow in spirit, mind and body while providing training in construction skills leading to viable career opportunities.

**Description of Services:** Y-BUILD is a 12 month career development program designed to equip young adults between the ages of 18-24 who are interested in a career in the construction trades. The approach is holistic and empowers young men to take responsibility for building their own future. Students live and work together as they learn practical skills from the best construction professionals in the field. Participants work with local contractors during the day and develop life skills during the evening. Each young man attends evening classes on campus in money management (Financial Peace), book club and CDP (Career Development Plan). Off campus activities involve GED, fitness (YMCA) and academics related to Construction Management. All participants are case managed to help them achieve their educational and career goals, to transition toward independent living.

<http://ybuildnashville.tripod.com/>

1262 Foster Avenue, Scott #4  
Nashville, TN 37210  
(615) 248-4759

# YWCA Nashville



## Description of Services:

### Domestic Violence Services:

- Domestic Abuse 24 Hour Hotline: (615)-242-1199 or 800-334-4628  
- *\*free and confidential, answered by staff trained in crisis intervention*
- Confidential Shelter: For victims of domestic violence. Services include therapeutic counseling and case management for all residents, therapeutic programming for children and teens, addictions treatment, legal advocacy and limited on-site medical care. After care is available for many women and children when they leave the shelter.
- Support groups: Groups meet weekly in convenient neighborhood locations. Some groups have free child care available. Topics include self esteem, safety planning, assertiveness, characteristics of domestic violence and healthy/unhealthy relationships. If you are interested in learning more about support groups, call (615) 242-1199

### Youth Services:

- Girls Inc.: The Girls Inc. research-based curriculum is specially developed for low income, minority girls, empowering every girl to be herself, to resist stereotypes, develop leadership skills and achieve her dreams. The program is currently offered to 5<sup>th</sup> and 6<sup>th</sup> grade girls in two Metro Nashville Public Schools.
- Youth Advantage: Youth Advantage provides free job preparation training for high school students seeking their first job. Progressing through our interactive WorkSmarts curriculum, these teenagers learn appropriate workplace communication and behavior as well as networking, resume preparation and interviewing skills.

### Adult Education:

- GED Preparation: The YWCA's Adult Education Program offers comprehensive services for those looking for assistance with improving their literacy, earning their GED or advancing in English Language skills. Classes are offered at five sites in the Nashville area - morning, afternoon, evening and Saturday classes are available. All YWCA teachers are certified by the State of Tennessee and work with students in a typical classroom setting to improve math, language and reading skills needed to pass the GED test.

*Services are offered to females living in the greater Nashville area and are completely free of cost.*

Ywcanashville.org  
info@ywcanashville.org

1608 Woodmont Boulevard  
Nashville, TN 37215  
(615)-269-9922

*\*See also: Educational Services, page 72 and Health Services, page 103*

# East Nashville Cooperative Ministry



**Description of Services:** East Nashville Cooperative Ministry offers a variety of services for the homeless community of East Nashville, mainly the 37206 and 37213 zip codes:

- ENCM distributes food boxes (in cooperation with Second Harvest Food Bank)
- Provides hot lunches during the work week
- Provides emergency assistance
  - Medical supplies, personal care items, and winter care packages

<http://encm.wordpress.com/>

807 Main Street  
Nashville, TN 37206  
(615)-244-7312

# Department of Human Services

**Mission:** To improve the well-being of economically disadvantaged, disabled or vulnerable Tennesseans through a network of financial, employment, rehabilitative and protective services.

**Description of Services:** DHS provides a range of entitlement and assistance programs serving:

- Child Care Services
  - Child Care Resource and Referral Centers: help parents determine the type of care that is best for their child
- Child Support Services
  - Helps families locate missing parents, establish paternity, and obtain/modify/enforce court orders
- Families First (TANF)
  - The Families First program emphasizes work, training, and personal responsibility. To be eligible for the program, participants must agree to follow a Personal Responsibility Plan (PRP). As part of the PRP, the participant agrees to keep immunizations and health checks up to date for their children, keep their children in school, co-operate with Child Support Services to establish paternity, and participate in a work/training program for at least 30 hours per week. Unless a participant is exempt from the 30-hour work requirement, he/she will develop (with the assistance of a work activity contractor) an individualized career plan (ICP). This plan is based on the participant's needs and skills. The ultimate goal of the ICP is to provide a work and training guide that will result in financial independence for the family.
- Food Stamp Program
  - Food stamp benefits are issued and accessed electronically using a Benefit Security Card or EBT Card. To apply for benefits, visit your local DHS county office, or learn more by visiting the listed website.
- Medicaid/TennCare
  - The Medicaid program provides medical benefits to eligible individuals who may have no medical insurance or inadequate medical insurance. TennCare extended coverage to the Medicaid population and coverage to individuals who were determined to be uninsured or uninsurable, using a system of Managed Care Organizations (MCO).

Tennesseans may apply for Families First and Medicaid or TennCare benefits at their local Department of Human Services county office. Applicants may also apply online or check for potential eligibility by going to “Check Eligibility or Apply for Benefits” section in the upper right hand corner of the screen. Applications are available in English and Spanish. After the online application has been submitted, the applicant will receive an appointment for an interview. In order to determine eligibility for the program, DHS caseworkers may ask for documentation like birth certificates, social security cards, check stubs, bank statements, utility bills, rent receipts, tax returns, and insurance policies. Applicants are notified by mail (within 45 days of the application date) of the eligibility decision.

<http://www.tennessee.gov/humanserv/contact.htm>

# Second Harvest Food Bank of Middle Tennessee



## **Description of Services:**

- Access emergency food boxes in Davidson County by calling (615)-329-3491. Families attempting to get emergency food boxes must provide a Social Security card for each member of the family, as well as proof of residence (i.e. lease, piece of mail, etc.) Families may receive only *three* emergency food boxes within a six month period
- Learn more about the Federal food stamp program or WIC (Women, Infant, and Children) program by visiting the website listed below, or by visiting [www.govbenefits.gov](http://www.govbenefits.gov)
- Kid Café: Provides once weekly evening meals; designed to keep kids healthy and nourished. There are currently 14 Kid Cafes in Davidson County, primarily in low-income neighborhoods
- Backpack Program: Programs are located at schools and after school programs that have a high incidence of children in need. Each Backpack site distributes a pack of food to each participating child on Fridays. Each Backpack includes small pop top entrees, such as beans and franks and chili, cereal, applesauce, a fruit cup, 100% fruit juice, shelf stable chocolate milk, and snacks, such as peanut butter crackers. To find out if your school participates in the Backpack Program, visit:

<http://www.secondharvestnashville.org/>

331 Great Circle Road  
Nashville, Tennessee 37228  
(615)-329-3491

# **EDUCATIONAL SERVICES**

# Adult Education Classes (Offered through MNPS)



**Mission:** To provide programs that will enable participants to gain the skills needed to read, write, and speak in English, compute and solve problems at levels of proficiency necessary to function on the job and in society, achieve goals, and develop knowledge and potential.

**Description of Services:** Metro Nashville Public Schools (MNPS) offers a range of adult education classes, including GED preparation, Adult Basic Education classes, and Adult English Language classes (ESOL). Applications must be 18 years of age for most of the programs. Several current programs include:

- *Free* basic education classes offered twice a week in local high schools
- Official GED practice test dates for those enrolled in the Adult GED program
- GED preparation program offered both daytime and nighttime at several times and locations. Registration and enrollment is on site, no appointment necessary. For more information on the GED program, visit the “Class Registration Information” page of the MNPS website: <http://www.mnps.org/Page4248.aspx>
- GED practice test dates offered twice a month (Saturday mornings at 8:00 am, no appointment necessary) to those *not* officially enrolled in the course
- Monthly career fairs and presentations
- ESOL program for adults with limited English language proficiency. Classes are small and meet twice weekly for two hour sessions. For more information on the ESOL program, visit the “Adult English Language Classes (ESOL)” page on the MNPS website: <http://www.mnps.org/Page4176.aspx>

<http://www.mnps.org/Page2095.aspx>

3703 Park Avenue  
Nashville, TN 37204  
(615) 298-6752  
MNPS Info Line: (615)-259-4636

*\*See also: Foreign and Immigration Services, page 87*



# Financial Literacy & Homebuyer Education Classes (PENCIL Foundation)



**Description of Services:** Offered through the PENCIL Foundation, the Financial Literacy program provides participants with valuable basic financial knowledge to help them develop smart money management skills that will empower them to achieve financial independence.

Pre-purchase education provides participants with components which are designed to educate and build new skills for prospective buyers on all facets of the home buying process.

Typical subjects include:

- Homeownership readiness and affordability
- Money and credit management
- Types of properties and financing available
- Purchase, mortgage and closing process
- Home maintenance
- Financial management after the sale

Classes are currently offered on the 3<sup>rd</sup> Saturday of every month at the PENCIL Foundation. To check for class offerings, times, and availability, call: (615)-242-3167 or visit the “Pencil Programs” tab of the website at <http://www.pencilfd.org/home>.

<http://www.pencilfd.org/home>

421 Great Circle Road  
Nashville, TN 37228  
(615)-242-3167

*\*See also: Economic and Financial Aid (Assisted Housing), page 58*

# YWCA Nashville



## Description of Services:

### Domestic Violence Services:

- Domestic Abuse 24 Hour Hotline: (615)-242-1199 or 800-334-4628  
- *\*free and confidential, answered by staff trained in crisis intervention*
- Confidential Shelter: For victims of domestic violence. Services include therapeutic counseling and case management for all residents, therapeutic programming for children and teens, addictions treatment, legal advocacy and limited on-site medical care. After care is available for many women and children when they leave the shelter.
- Support groups: Groups meet weekly in convenient neighborhood locations. Some groups have free child care available. Topics include self esteem, safety planning, assertiveness, characteristics of domestic violence and healthy/unhealthy relationships. If you are interested in learning more about support groups, call (615) 242-1199

### Youth Services:

- Girls Inc.: The Girls Inc. research-based curriculum is specially developed for low income, minority girls, empowering every girl to be herself, to resist stereotypes, develop leadership skills and achieve her dreams. The program is currently offered to 5<sup>th</sup> and 6<sup>th</sup> grade girls in two Metro Nashville Public Schools.
- Youth Advantage: Youth Advantage provides free job preparation training for high school students seeking their first job. Progressing through our interactive WorkSmarts curriculum, these teenagers learn appropriate workplace communication and behavior as well as networking, resume preparation and interviewing skills.

### Adult Education:

- GED Preparation: The YWCA's Adult Education Program offers comprehensive services for those looking for assistance with improving their literacy, earning their GED or advancing in English Language skills. Classes are offered at five sites in the Nashville area - morning, afternoon, evening and Saturday classes are available. All YWCA teachers are certified by the State of Tennessee and work with students in a typical classroom setting to improve math, language and reading skills needed to pass the GED test.

*Services are offered to females living in the greater Nashville area and are completely free of cost.*

Ywcanashville.org  
info@ywcanashville.org

1608 Woodmont Boulevard  
Nashville, TN 37215  
(615)-269-9922

*\*See also: Economic and Financial Aid, page 65 and Health Services, page 105*

# Grace M. Eaton Childcare & Parent Resource Center



**Mission:** To provide quality childcare and educational development to children of working parents or parents enrolled in educational or job training programs. Our mission is guided by the premise that children should have a right to affordable, quality childcare.

**Description of Services:** The Grace M. Eaton Child Care and Parent Resource Center offers childcare in a loving, learning environment for children 6-weeks to 12-years-old of low-income families. The agency ensures that children are cared for in an environment characterized by low staff-child ratios, small group sizes, qualified caring staff, an innovative child development curriculum, optimal health and safety standards, and a planned program of parent involvement.

## The Center:

- Serves a nutritious breakfast, lunch, and afternoon snack daily
- Offers speech, language, and hearing testing; an early literacy intervention program
- Provides on-site therapy program for children with behavior issues
- Literacy program provides a Literacy Coordinator on site to help teachers and provide individual tutoring
- Provides a tutoring program for school age children by partnering with Fisk University, Vanderbilt University, and Tennessee State University
- Offers a Pre-K Program that follows Metropolitan Board of Education guidelines.

To apply for the program, visit the “Applications” tab of the main website, or visit:  
<http://www.gracemeaton.org/Child%20Enrollment%20Application%20GME.pdf>

<http://www.gracemeaton.org/>

1708 Pearl Street  
Nashville, TN 37203  
(615) 329-3341

*\*See also: Community Development (Parenting), page 49*

# Fannie Battle Day Home for Children



**Mission:** To provide quality child care that encourages the intellectual, physical, emotional, and social development of each child in a safe and happy environment.

**Description of Services:** Fannie Battle is a childcare center open year-round, Monday through Friday, from 6:30 a.m. until 5:30 p.m.

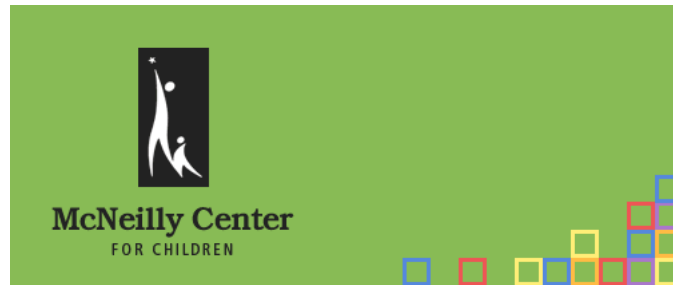
Childcare is provided for the following age ranges:

- Infant/Toddler
- Preschool
- Pre-K
- School Age (6 weeks old - 10 years old/12 during the summer)

[www.fanniebattle.org](http://www.fanniebattle.org)

911 Shelby Avenue  
Nashville, TN 37206  
(615) 228-6745

# McNeilly Center for Children



**Mission:** To provide affordable, quality childcare to children ages 16 months to 12 years of age whose parents are working, in job training, or in school. Parenting education and social services are provided for the families of enrolled children

**Description of Services:** The program provides 8 different locations throughout Nashville, based on the child's age. These locations can be accessed by visiting: [http://www.mcneillycenter.org/loc\\_index.html](http://www.mcneillycenter.org/loc_index.html). To apply for the program, call (615)-255-2549 to set up an appointment for a tour of the facility and to complete the application. The program is income-based, and proof of income is required. However, McNeilly *does* accept Metro Childcare Certificates through Families First, which can lower the cost. Average cost for toddlers is \$169/week, while preschool age is \$152/week.

<http://www.mcneillycenter.org/index.html>  
[mcneillycenter@mcneillycenter.org](mailto:mcneillycenter@mcneillycenter.org)

400 Meridian Street  
Nashville, TN 37207  
(615)-255-2549

# Tennessee Voices for Children



**Mission:** Tennessee Voices for Children, Inc. speaks out as active advocates for the emotional and behavioral well-being of children and their families

**Description of Services:** Tennessee Voices for Children (TVC) attempts to bridge the gap between professionals and families to form an alliance that works in the best interest of the child. TVC offers a number of programs, including:

- The Tennessee Respite Network: a network of statewide referrals and services for families of children (0-18) with serious disabilities.
- Child Care Consulting Program: provides onsite consultation to parents and teachers of preschools throughout Tennessee. The program addresses topics such as child development, classroom behavior, behavioral screening, etc.
- TeenScreen: Focuses on early identification of adolescent problems, such as depression and anxiety, through education, screening, and treatment.
- Tennessee Parent Information and Resource Center Program (TPIRC): enables parents of pre-school and elementary school-aged children, especially the economically disadvantaged, to effectively help their children meet educational standards and achieve developmental goals. The program encourages schools to actively involve parents in school programs and activities.

<http://www.tnvoices.org/>  
TVC@tnvoices.org

Main Location (Middle TN)  
701 Bradford Avenue  
Nashville, TN 37204  
(615)-269-7751

*\*See also: Counseling (In-Home Treatment), page 28*

# Arc of Middle Tennessee



**Mission:** The Arc of Tennessee advocates for the rights and full participation of all people with intellectual and/or developmental disabilities. Through their family-based network of members and chapters, the Arc provides support and empowers individuals and families; connects and informs individuals and families; improves support and service systems; influences public policy; increases public awareness; and inspires inclusive communities.

## **Description of Services:**

- Secondary Transition Project: helps families and students prepare for the challenges of Secondary Transition by: enhancing the resource information available; creating the Tennessee Secondary Transition Manual for Families; providing training for families and students; making this training available via the internet; creating and distributing a Secondary Transition brochure; developing a group of (Secondary Transition) parent mentors; serving as a Secondary Transition resource to families, students, and educators; and building and enhancing Secondary Transition collaborations. For more information on the program, visit <http://www.thearctn.org/Secondary-Transition-Project.php>.
- Brochures on the Arc of Tennessee's trainings, presentations, opportunities, and programs are available online in both English and Spanish at <http://www.thearctn.org/Mission-Officers-Position-Statements.php>.

<http://www.thearctn.org/index.php>

151 Athens Way  
Suite 100  
Nashville, TN 37228  
(615)-248-5878

# First Steps, Inc.



**Description of Services:** First Steps operates a Child Development Center providing early intervention and educational services for children with special needs and medical conditions, who have developmental delays, who are medically fragile, or who are typically developing. First Steps provides developmental assessments, individualized curriculum, on-site nursing services, and early literacy programming, among others.

Interested in enrolling your children in First Steps? If your child is developing typically and you are interested in our high-quality early childhood learning center, contact Katrina Baker at (615)-298-5619. Families of children with special needs who are under age three are referred to First Steps by Tennessee's Early Intervention System (TEIS). Children with special needs can also be referred to First Steps, Inc. by parents, pediatricians, or social service agencies. For enrollment in all of our programs, contact Kelli Jo Hazen at (615)-834-7570.

<http://www.firststepsnashville.org/>  
[fsi@firststepsnashville.org](mailto:fsi@firststepsnashville.org)

4414 Granny White Pike  
Nashville, TN 37204  
(615)-834-7570



# Metro Nashville Public Schools Special Education



**Description of Services:** Special Education services are available through MNPS to students ages 3-21 who qualify under Federal and State guidelines.

Special education concerns are first addressed at the local education agency (school) by a team of educators. This team consists of special education teachers, regular education teachers, administrators and guidance counselors as well as school psychologists and consulting special education teachers assigned to each school. These IEP (Individual Education Plan) team members develop the educational services needed to allow students success within MNPS.

For a list of all MNPS schools and contacts, visit:  
<http://www.mnps.org/Page60.aspx>

- MNPS Special Education Contract Schools: Genesis Academy (615)-832-4222 and DLC (615)-333-3773
- Resources for parents with special education students can be accessed by visiting the “Special Education” page of the MNPS website

<http://www.mnps.org/Page2815.aspx>

(615)-259-8698

# Metro Nashville Public Library Kid Zone & TeenWeb



**Description of Services:** Reading programs are available at differing times at each location.

Programs include:

- Story-time
- Group story-time by reservation
- Lap-sit story hour for toddlers
- Preschool story hour, and book club

For a complete list of available reading programs, visit the Metro Nashville Public Library's Kid Zone page at: [http://www.library.nashville.org/kids/kid\\_story.asp](http://www.library.nashville.org/kids/kid_story.asp). There are reading lists and book suggestions per grade on the Kid Zone page, that deal with a number of topics. There are also links to websites for children needing homework help, as well as resources for parents and teachers.

There is also a page especially for teenagers, called "TeenWeb," which can be accessed by visiting: <http://www.library.nashville.org/teens/teenweb.asp>. This page lists a number of after school events hosted by different libraries in Nashville. The site also lists book recommendations and has to links to resources dealing with college, scholarships, occupations, financial aid, and other topics youth may want to explore.

For a complete list of branch locations and to find the one nearest you, please visit: [http://www.library.nashville.org/locations/loc\\_all.asp](http://www.library.nashville.org/locations/loc_all.asp).

*Main Library*  
615 Church Street  
Nashville, TN 3719  
(615)-862-5800

Please note all branches are closed on Fridays

# Ombudsman Programs (Educational Services of America)



**Description of Services:** The Ombudsman Program is an educational and rehabilitative program that seeks to re-integrate students back into the Metro Nashville Public School system, with the eventual goal of graduation. Students are referred by their individual public school principals to the Board of Education, upon which an intake interview will be arranged if the applicant is accepted into the program. Once in the program, the student will complete his or her work on a computer with an individualized curriculum. Regular classes are held in 4 hour sessions, with an additional 2 hours for a part-time job or community service project to be completed before or after school everyday. Students are held accountable for being present and on time. The goal of the program is to re-integrate the student back into MNPS.

[www.ombudsman.com](http://www.ombudsman.com)

8 Locations throughout Nashville:

***Cumberland River***  
621 Mainstream Drive  
Nashville, TN 37228

***Eastland***  
2618 Gallatin Road  
Nashville, TN 37216

***Hickory Hollow***  
789 Bell Road  
Nashville, TN

***Madison***  
213 West Maplewood Lane  
Suite 100  
Nashville, TN 37207  
***Mill Creek***

1645 Murfreesboro Road, Bldg A  
Nashville, TN 37217

***Nashville***  
1910 Church Street  
Nashville, TN 37203

***Two Rivers***  
2501 McGavock Pike  
Suite 1608  
Nashville, TN 37214

***Woodbine***  
2708 Nolensville Road  
Nashville, TN 37211

# Read to Succeed (United Way)



**Description of Services:** The goal of Read to Succeed (RTS) is to ensure that these at-risk children have a solid foundation of the necessary skills when they enter kindergarten. Several online e-newsletters are distributed by United Way from their website at <http://www.uwtn.org/content/index.php?pid=132>. The newsletters are produced once a month during the school year by the Parent Institute. They are available in both English and Spanish, and help parents encourage their children to be active learners both in and out of the classroom. Each of the newsletters provides ideas and tips for parents to engage their children.

- *Building Readers*
- *Helping Children to Learn*
- *Day-by-Day*
- *Firm, Fair, & Consistent*

<http://www.uwtn.org/content/index.php?pid=132>

# Students Taking a Right Stand (STARS)



**Mission:** To help students refrain from the use of alcohol, other drugs, and violence and to enhance their educational achievement and character development.

**Description of Services:** STARS is a program that works *through* school systems to reach individual students. The program attempts to address serious issues through in-school assemblies, presentations, and counseling.

Topics include:

- Substance abuse
- Violence
- Bullying
- Harassment
- Family conflicts and divorce
- Loss
- Grief

STARS trained counselors are housed in-school, so the resources are always present and the program is strongly tied to the school's culture. The STARS program has shown that social and emotional learning positively affect students' academic performance and classroom behavior. For a list of schools utilizing the STARS program or to find out how to get a STARS program in your school, visit:

<http://www.studentstakingarightstand.org/index.html>

Center for Youth Issues  
2416 Hillsboro Road, Suite 200  
Nashville, TN 37212  
(615)-279-0058

# Youth Life Learning Center



**Mission:** To nurture the child, strengthen the family, and rebuild the community by aiding and supporting the educational, moral, and social development of at-risk youth

**Description of Services:** The primary component of Youth Life Learning Centers is a faith-based, intensive after-school academic program. Students enroll in the Life Center program within the first five grades. Enrolled students are able to continue in the program through high school. Non-enrolled students can attend drop-in tutoring sessions for one hour each afternoon. The program is based on early admission, annual contracts with students and parents/guardians, regular progress assessments on all aspects of each student's individualized learning program, best-practices educational techniques, and training in character, manners, and life-skills. To enroll your child in the YLLC program, contact:

<http://www.youthlifelearningcenter.com/Home.html>  
[info@YLLC.org](mailto:info@YLLC.org)

3656 Trousdale Drive, Suite 109  
Nashville, TN 37204  
(615)-333-7672

# **FOREIGN AND IMMIGRATION SERVICES**

# Conexion Americas



**Mission:** Our mission is to help Latino families realize their aspirations for social and economic advancement by promoting their integration into the Middle Tennessee community.

**Description of Services:** Conexión Americas provides information and referrals regarding:

- Health
- Job opportunities
- English classes
- Counseling
- Immigration
- Legal issues.

[www.conamericas.com](http://www.conamericas.com)

800 18th Avenue South  
Nashville, TN 37203  
(615) 320-5152



# Adult Education Classes (Offered through MNPS)



**Mission:** To provide programs that will enable participants to gain the skills needed to read, write, and speak in English, compute and solve problems at levels of proficiency necessary to function on the job and in society, achieve goals, and develop knowledge and potential.

**Description of Services:** Metro Nashville Public Schools (MNPS) offers a range of adult education classes, including GED preparation, Adult Basic Education classes, and Adult English Language classes (ESOL). Applications must be 18 years of age for most of the programs. Several current programs include:

- *Free* basic education classes offered twice a week in local high schools
- Official GED practice test dates for those enrolled in the Adult GED program
- GED preparation program offered both daytime and nighttime at several times and locations. Registration and enrollment is on site, no appointment necessary. For more information on the GED program, visit the “Class Registration Information” page of the MNPS website: <http://www.mnps.org/Page4248.aspx>
- GED practice test dates offered twice a month (Saturday mornings at 8:00 am, no appointment necessary) to those *not* officially enrolled in the course
- Monthly career fairs and presentations
- ESOL program for adults with limited English language proficiency. Classes are small and meet twice weekly for two hour sessions. For more information on the ESOL program, visit the “Adult English Language Classes (ESOL)” page on the MNPS website: <http://www.mnps.org/Page4176.aspx>

<http://www.mnps.org/Page2095.aspx>

3703 Park Avenue  
Nashville, TN 37204  
(615) 298-6752  
MNPS Info Line: (615)-259-4636

*\*See also: Educational Services (Adult Education), page 70*

# Refugee and Immigration Services

*Catholic Charities of Tennessee*



**Mission:** Welcoming and serving diverse populations, we strive to meet human needs and respect the dignity of all persons by empowering individuals to achieve self-sufficiency through encouragement, education, and support.

**Description of Services:** Refugee and Immigration Services include the following programs:

- Reception and Placement
  - Secures housing, food, clothing
  - Accesses education, social services, health care
- Match Grant
  - Provides job counseling and placement
- Refugee Social Services
  - Provides employment services, referral to English classes, intensive case management
- Individual Development Accounts
  - Build assets and financial know-how
- Immigration Services
  - Provides counseling, assistance in filling out immigration forms, and photographs
- Refugee Youth Program
  - Academic enrichment, community service, cultural activities
- Refugee Elders Program

[www.risvolunteers.org](http://www.risvolunteers.org)

10 South 6th Street  
Nashville, TN 37206  
(615)259-3567

# Somali Community Center of Nashville



**Mission:** To provide consistent, excellent, and free community services to all Somalis, Africans and other communities that represent the neighborhood.

**Description of Services:** Free-of-cost services include help for refugees with social adjustment, education/outreach, employment, healthcare, and community services.

<http://www.sccnashville.org/>  
[info@sccnashville.org](mailto:info@sccnashville.org)

295 Plus Park Blvd, Suite 102  
Nashville, TN 37217  
(615) 366-6868

# Tennessee Alliance for Legal Services



**Description of Services:** Tennessee Alliance for Legal Services (TALS) attempts to make sure every low-income person in Tennessee has access to the civil legal justice system. TALS does not offer legal advice or legal services, but is instead a primarily online resource for individuals attempting to resolve legal issues themselves.

The website provides explanations of legal rights and booklets for a number of legal issues including:

- Children: Abuse, child support, custody issues, parenting
- Consumer Concerns
- Civil Rights: Discrimination, immigration, disabilities, mental health
- Family: Spousal abuse, wills, divorce
- Health Care: Health insurance, nursing homes, prescription medication
- Housing
- Finance: Debt problems, credit issues, Families First, Food Stamps, welfare
- Education
- Senior Citizens: Health benefits, social security benefits
- Employment

To access these booklets, visit: <http://www.tennlegalaid.com/Library/>. All of the resources are available in Spanish as well.

<http://www.tals.org/welcome>

50 Vantage Way, Suite 250  
Nashville, TN 37228  
(615)-627-0956

*\*See also: Legal Services (Free Legal Aid), page 109*

# TN Foreign Language Institute



**Mission:** The Tennessee Foreign Language Institute (TFLI), an agency of the State of Tennessee established in 1986 by the General Assembly and dedicated to responsive public service, strives to facilitate intercultural communication through the provision of quality language instruction, translation and interpretation services, professional development for interpreters, translators and language instructors, and cultural awareness programs, which are designed to meet the needs of the state government and its employees, the business community, foreign language educators, and the public at large.

**Description of Services:** TFLI offers ESL classes, with financial aid available.

[http://www.ssreg.com/tfli/  
esl@foreignlanguages.org](http://www.ssreg.com/tfli/esl@foreignlanguages.org)

227 French Landing, Suite 100  
Nashville, TN 37228  
(615) 741-7579 ext. 110 or 106 (ESL department)

# Woodbine Community Organization



**Mission:** The mission of the Woodbine Community Organization is to preserve the character of our neighborhood by:

- Improving living conditions of residents in the area, especially low- and moderate-income families.
- Improving communications and cooperation of area residents regardless of age, race or national origin.
- Providing residents of the area with access to decision-making processes of city, state and federal government.
- Eliciting input and assistance from members of the business and civic community.
- Assisting in the provision of decent and affordable housing to low- and moderate-income persons.
- Helping new Americans become assimilated into the American culture without losing their native cultures.

**Description of Services:** ESOL classes offered.

[www.woodbinecommunity.org](http://www.woodbinecommunity.org)  
[wco@woodbinecommunity.org](mailto:wco@woodbinecommunity.org)

222 Oriel Avenue  
Nashville, TN 37210  
(615) 833-9580

# HEALTH SERVICES

# Siloam Family Health Center



**Core Values:** love, hospitality, excellence, compassion, mercy, stewardship, prayer, partnership, discipleship

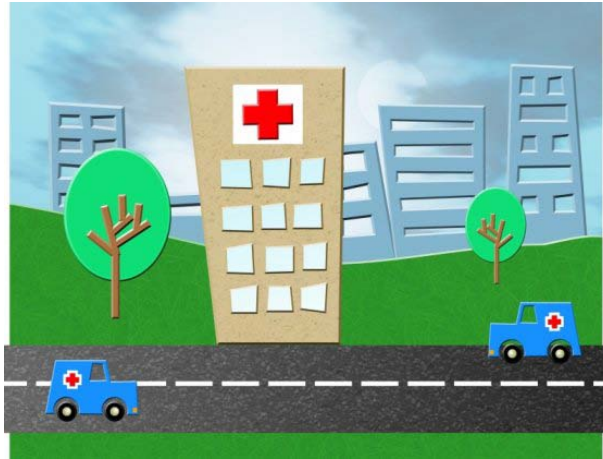
**Description of Services:** The center provides affordable health care and serves the uninsured and various refugee populations in a culturally sensitive manner.

<http://www.siloamhealth.org/index.html>

820 Gale Lane  
Nashville, TN 37204  
(615) 298-5406



# St. Thomas Family Health Center



**Description of Services:** Provides general medical aid and healthcare.

<http://www.stthomas.org/>

5201 Charlotte Ave  
Nashville, TN 37203  
(615) 222-1900

# Nashville CARES



**Mission:** HIV/AIDS Education, Support, and Compassion for All.

**Description of Services:** Nashville CARES offers persons living with HIV/AIDS, their families, spouses, partners and significant others a unique combination of services, resources, and information to help and support clients with the challenges they confront in the progression of the HIV disease. All services are free of charge.

[www.nashvillecares.org](http://www.nashvillecares.org)  
[info@nashvillecares.org](mailto:info@nashvillecares.org)

501 Brick Church Park Drive  
Nashville, TN 37207  
(615) 259-4866  
HEARTLine: 1-800-845-4266

# Metro Public Health Department Clinics



**Mission:** To promote physical and mental well-being and prevent disease, injury and disability for everyone in Nashville.

**Description of Services:** Metro Public Health Department Clinics offer general medical aid.

<http://health.nashville.gov/Locations.htm>

Downtown Clinic for the Homeless  
526 8<sup>th</sup> Avenue South  
Nashville, TN 37203  
(615) 256-0197

East Public Health Center  
1015 East Trinity Lane  
Nashville, TN 37216  
(615) 862-7916

Lentz Public Health Center  
311 23<sup>rd</sup> Avenue North  
Nashville, TN 37203  
(615) 340-5616

Woodbine Public Health Center  
224 Oriel Avenue  
Nashville, TN 37210  
(615) 862-7940

# Vanderbilt Mental Health Center



**Description of Services:** The Division of Child & Adolescent Psychiatry provides clinical services for children and adolescents with neuropsychiatric disturbances and trains medical students, residents, and fellows in child and adolescent psychiatry. The program reflects a balanced emphasis on developmental psychopathology, psychodynamic psychiatry and neurobiology. The faculty treats psychosomatic difficulties, alcohol and substance abuse, post traumatic stress disorder and other anxiety disorders, affective disorders, psychotic disorders, and disruptive behavior disorders.

Established in 1969, the child psychiatry residency program provides extensive training in inpatient and outpatient psychiatry and in pediatric consultation-liaison psychiatry. Fellows develop expertise in the treatment of severe psychopathology through rotations in forensic child psychiatry, school-based consultation, and multidisciplinary experience in pediatric child development and pediatric neurology. An array of seminars and research activities invite participation at all levels of the child and adolescent psychiatry training experience.

Vanderbilt also offers an intensive outpatient program for juvenile sex offenders.

[www.mc.vanderbilt.edu/psychiatry](http://www.mc.vanderbilt.edu/psychiatry)

(615) 327-7009

*\*See also: Counseling, page 18*

# Family and Children's Services



**Description of Services:** Family and Children's Services (F&CS) has been guiding individuals toward more independent and satisfying lives for over 63 years. F&CS offers individual and family counseling, healing resources for domestic violence, substance abuse, depression, and anxiety issues, school-based programs for at-risk children, and trauma intervention services for children/families.

Services also include:

- Counseling / Depression Screening
- Anger Management Classes
- Adoption Services
- Crisis Call Center
- LifeWork Counseling Practice
- Neighborhood-Based Services
- LifeWork Employee Assistance Program (EAP)
- Davidson County Relative Caregiver Program
- Sheba Pet Loss Hotline

[www.fcsnashville.org](http://www.fcsnashville.org)

201 23rd Avenue, North  
Nashville, TN 37203  
(615) 320-0591

*\*See also: Counseling (Anger Management), page 6*

# Mercy Ministries



**Mission:** Mercy Ministries exists to provide opportunities for young women to experience God’s unconditional love, forgiveness, and life-transforming power.

**Description of Services:** Mercy Ministries is a residential program for women is designed to address the whole person: spiritual, physical and emotional. The program strives to adhere to the core values of excellence, unconditional love and accountability. The program is free-of-charge and lasts approximately six months. The goal of Mercy Ministries is to have each young woman not only complete the program, but also discover the purpose for her life and bring value to her community as a productive citizen.

Services include:

- Individualized programs
- Biblically-based counseling
- Nutrition education
- Fitness instruction
- Life-skills training and educational opportunities

[www.mercyministries.org](http://www.mercyministries.org)  
[info@mercymministries.com](mailto:info@mercymministries.com)

PO Box 111060  
Nashville, TN 37222  
(615)-831-6987

*\*See also: Counseling (Residential Treatment Facilities), page 33*

# Nashville Children's Alliance

*(Formally Nashville Child Advocacy Center)*

CHAMPIONS  
FOR  
CHILDREN



**Mission:** To reduce the traumatization of child abuse victims and their families by facilitating a comprehensive multidisciplinary team approach to the detection, investigation, prosecution and treatment of child abuse.

**Description of Services:** The Nashville Children's Alliance provides therapy to children and adolescents between the ages of 3-17 who have been sexually abused, physically abused, or witnessed a violent crime. All services are free of charge. Also, the Alliance offers forensic interviews and non-offending parent support groups in both English and Spanish.

<http://www.nashvillechildrensalliance.org/>  
[info@nashvillechildrensalliance.org](mailto:info@nashvillechildrensalliance.org)

1264 Foster Avenue  
Nashville, TN 37210  
(615) 327-9958

# Our Kids Center



**Mission:** To provide expert medical and psychosocial services for children when there are allegations or concerns of child sexual abuse, to increase community awareness, participate in research and offer education and training about child maltreatment.

**Description of Services:** Our Kids Center provides treatment for sexually abused children, including medical and psychological evaluations.

[www.ourkidscenter.com](http://www.ourkidscenter.com)

[info@ourkidscenter.com](mailto:info@ourkidscenter.com)

1804 Hayes St  
Nashville, TN 37203  
(615) 341-4917



# Prevent Child Abuse Tennessee



**Prevent Child Abuse**  
America

**Mission:** To prevent abuse and neglect of Tennessee's children.

**Description of Services:** Prevent Child Abuse Tennessee, Inc. (PCAT) offers parental training and support, primary prevention, public education, and advocacy for children.

Programs offered include:

- Parent Pathway
- Nurturing Parent Education classes
- Circle of Parents
- Kids Don't Come With Instructions
- Parent Helpline/Domestic Violence Hotline

[www.pcat.org](http://www.pcat.org)

1120 Glendale Lane  
Nashville, TN 37204  
(615) 383-0994

Kids Don't Come With Instructions Parent Helpline: 1-800-356-6767

*\*See also: Community Development (Parenting), page 55*

# Sexual Assault Center (SAC)

*(Formally known as Rape and Sexual Assault Center - RASAC)*



**Mission:** Helping children and adults heal from the effects of rape and sexual abuse and reducing risk through therapy, education, training and advocacy.

**Description of Services:** SAC offers individual and group counseling and therapy for children, teenagers, adults who were abused as children, rape survivors, non-offending guardians and family, and to Spanish-speaking clients.

<http://rasac.org/>

101 French Landing  
Nashville, TN 37228  
(615) 259-9055

Crisis Line: 1-800-879-1999

# YWCA Nashville



## Description of Services:

### Domestic Violence Services:

- Domestic Abuse 24 Hour Hotline: (615)-242-1199 or 800-334-4628  
- *\*free and confidential, answered by staff trained in crisis intervention*
- Confidential Shelter: For victims of domestic violence. Services include therapeutic counseling and case management for all residents, therapeutic programming for children and teens, addictions treatment, legal advocacy and limited on-site medical care. After care is available for many women and children when they leave the shelter.
- Support groups: Groups meet weekly in convenient neighborhood locations. Some groups have free child care available. Topics include self esteem, safety planning, assertiveness, characteristics of domestic violence and healthy/unhealthy relationships. If you are interested in learning more about support groups, call (615) 242-1199

### Youth Services:

- Girls Inc.: The Girls Inc. research-based curriculum is specially developed for low income, minority girls, empowering every girl to be herself, to resist stereotypes, develop leadership skills and achieve her dreams. The program is currently offered to 5<sup>th</sup> and 6<sup>th</sup> grade girls in two Metro Nashville Public Schools.
- Youth Advantage: Youth Advantage provides free job preparation training for high school students seeking their first job. Progressing through our interactive WorkSmarts curriculum, these teenagers learn appropriate workplace communication and behavior as well as networking, resume preparation and interviewing skills.

### Adult Education:

- GED Preparation: The YWCA's Adult Education Program offers comprehensive services for those looking for assistance with improving their literacy, earning their GED or advancing in English Language skills. Classes are offered at five sites in the Nashville area - morning, afternoon, evening and Saturday classes are available. All YWCA teachers are certified by the State of Tennessee and work with students in a typical classroom setting to improve math, language and reading skills needed to pass the GED test.

*Services are offered to females living in the greater Nashville area and are completely free of cost.*

Ywcanashville.org  
info@ywcanashville.org

1608 Woodmont Boulevard  
Nashville, TN 37215  
(615)-269-9922

*\*See also: Economic and Financial Aid, page 65 and Educational Services, page 72*

# LEGAL AID

# Department of Children's Services



**Description of Services:** Case managers have the responsibility of investigating cases of child abuse and neglect. The resource parent specialists work to find good foster homes and adoptive families for all children in DCS custody. The juvenile justice program treats the youthful offenders who are processed through the court system.

Online Services Include:

- Client resource manuals
  - “Clients’ Rights Handbook”
  - “Train to Report Child Abuse”
  - Resource Parent Handbook
- Information regarding adoption and becoming a foster parent
- Information on reporting incidents of child abuse and neglect
- Guide to DCS

<http://www.state.tn.us/youth/>

[dcs.email@state.tn.us](mailto:dcs.email@state.tn.us)

Cordell Hull Building  
7<sup>th</sup> Floor  
Nashville, TN 37243  
(615)-741-9701

# Legal Aid Society of Middle Tennessee

**Mission:** To enforce, advance and defend the legal rights of low-income and vulnerable families in order to obtain for them the basic necessities of life

**Description of Services:** The organization offers a number of free legal services regarding:

- **Child Support:** Help access child support if you are raising children under the age of 18. Applicants do not need to be legal citizens, legal immigrants, or on Families First. Legal aid is not income based. Call the Family Assistance Service Center at (1-866)-311-4287, toll free.
- **Food Stamps:** Visit <http://www.las.org/foodstamps> to read program criteria to find out if you can apply.
- **Health Care:** For information regarding payment for medication, nursing homes, TennCare, or Emergency Room service, visit <http://www.las.org/health>
- **Legal Representation:** Call 1-800-238-1443 to access free legal representation from a lawyer or paralegal regarding:
  - Accessing and maintaining residence
  - Finances
  - Violence, Assault, or Abuse
  - Accessing Health Care
  - Problems with MediCare
  - Accessing Disability Payments
  - Problems with Special Education
  - Problems with Taxes

\* Please note that the Legal Aid Society of Middle TN *cannot* provide legal representation for criminal cases. For free help with a criminal case, contact the Public Defender for your county.

<http://www.las.org/>

300 Deaderick Street  
Nashville, TN 37201

There are 8 legal aid services throughout Nashville. A free call to 1-800-238-1443 will connect you to the closest and most convenient office.

# Tennessee Alliance for Legal Services



**Description of Services:** Tennessee Alliance for Legal Services (TALS) attempts to make sure every low-income person in Tennessee has access to the civil legal justice system. TALS does not offer legal advice or legal services, but is instead a primarily online resource for individuals attempting to resolve legal issues themselves. The website provides explanations of legal rights and booklets for a number of legal issues including:

- Children: Abuse, child support, custody issues, parenting
- Consumer Concerns
- Civil Rights: Discrimination, immigration, disabilities, mental health
- Family: Spousal abuse, wills, divorce
- Health Care: Health insurance, nursing homes, prescription medication
- Housing
- Finance: Debt problems, credit issues, Families First, Food Stamps, welfare
- Education
- Senior Citizens: Health benefits, social security benefits
- Employment

To access these booklets, visit: <http://www.tennlegalaid.com/Library/>. All of the resources are available in Spanish as well.

<http://www.tals.org/welcome>

50 Vantage Way, Suite 250  
Nashville, TN 37228  
(615)-627-0956

*\*See also: Foreign and Immigration Services, page 90*

# Tennessee Justice Center



**Mission:** The Tennessee Justice Center is a non-profit, public interest law and advocacy firm serving the poor. We give priority to policy issues and civil cases in which the most basic necessities of life are at stake, and where our advocacy can benefit families statewide. We work to empower our clients—who drive our work—by holding government accountable for its policies and actions.

**Description of Services:** Tennessee Justice Center (TJC) currently focuses on access to health care and the impact of welfare reform among families in Tennessee. In addition, TJC represents families who want to apply for or who receive Families First. Families First is Tennessee's welfare reform program, which provides cash assistance, childcare, job training and transportation assistance for low income families with minor children. Over 134,000 of Tennessee's poorest children receive assistance through Families First. TJC helps individual families get Families First so that they have the assistance they need to move toward self sufficiency.

For more information on food stamps, visit:  
<http://sitemason.com/files/f9elPi/FSBasics.1205.pdf>

<http://www.tnjustice.org/>  
[info@tnjustice.org](mailto:info@tnjustice.org)

301 Charlotte Ave.  
Nashville, TN 37201  
(615)-255-0331  
(877)-608-1009 (toll-free)



# TennCare Advocacy Program



**Description of Services:** The TennCare Advocacy Program works for TennCare enrollees, or those eligible for TennCare, who are experiencing difficulty accessing necessary medical care. There are three major components of the TennCare Advocacy Program: advocacy services, children's advocacy services, and outreach services. The TennCare Advocacy Program can help you: work with your MCO to find health care providers, work with your MCO to obtain services, work with your PCP to obtain services, understand how to get and keep your TennCare eligibility, work through the medical eligibility process, get computer errors corrected, file medical appeals, and keep you up-to-date on the latest TennCare information. In addition, the outreach services can help you renew your TennCare, explain to you the application process, and provide you with information on the Department of Human Services (DHS), where you will reapply for TennCare. *All services are provided via phone.*

<http://www.tenncareadvocacy.org/>

Advocacy Services in English: (615)-313-9972  
Advocacy Services in Spanish: (615)-227-7568

\* For the phone numbers for services available in over 10 other languages, visit: [http://www.tenncareadvocacy.org/contactus/agency.php?id=7\\_35&c=1](http://www.tenncareadvocacy.org/contactus/agency.php?id=7_35&c=1)

Advocacy counselors are available to speak with clients:  
Monday-Friday  
8 am - 6 pm (Central time)