Social Services in Tennessee for People with Limited English Proficiency

See below for information regarding:
- Hispanic Outreach Services
- Legal Services
- Healthcare Resources
- Mental Health Resources
- Housing and Emergency Shelters
- Domestic Violence Shelters
- Substance Abuse Services
- Family Services

Hispanic Outreach Services

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catholic Charities of Tennessee: Woodbine Community Center</td>
<td>Terry Horgan 615-850-3449 222 Oriel Avenue Nashville 37210</td>
<td>Provides services for the Hispanic community. Information and referral, tax preparation, translation of birth certificates and legal documents, assistance with employment, legal aid, assistance and information with immigration issues. There is a minimal charge for some of the services.</td>
</tr>
<tr>
<td>Catholic Charities of Tennessee: Hispanic Family Social Services</td>
<td>Annais Riggs 615 760-2786 10 South 6th Street Nashville 37206</td>
<td>Catholic Charities provides the following services free of charge. Basic necessities such as food and clothing, Access to medical services, a weekly bilingual pre-school group for mothers with children ages 3-5, Referrals to agencies depending on personal need, translation of birth certificates, educate and assist qualifying individuals with applications for food stamps, TennCare, and other DHS programs.</td>
</tr>
<tr>
<td>Conexión Americas</td>
<td>Angelica Farfan/Martha Zamudio 615- 269-6900 800 18th Avenue South, Suite A Nashville 37203 <a href="http://www.conamericas.com">www.conamericas.com</a></td>
<td>Conexión Americas has various services for the Hispanic community such as a Spanish Help Line for information, referral and assistance. They have financial literacy education and counseling, a homeownership program, tax payer education and assistance, and language exchange services.</td>
</tr>
<tr>
<td>Organization</td>
<td>Contact</td>
<td>Description</td>
</tr>
<tr>
<td>--------------</td>
<td>---------</td>
<td>-------------</td>
</tr>
</tbody>
</table>
| Metropolitan Public Defender's Office | 404 James Robertson Parkway, Suite 2022 Nashville, TN 37219  
Office: (615) 862-5730  
From the jail: (615) 862-5737 | The Public Defender's Office provides free legal representation to indigent defendants in Davidson County. |
| Disability Law & Advocacy Center of Tennessee | Katy Alexander  
615-298-1080 ext. 26  
2416 21st Ave S  
Nashville 37212  
URL: [www.dlactn.org](http://www.dlactn.org) | Disability Law & Advocacy Center of Tennessee advocates for the rights of Tennesseans with disabilities to ensure they have an equal opportunity to be productive and respected members of our society. |
| Legal Aid Society of Middle Tennessee & Cumberlands | Helena Ortegon  
615-780-7117  
300 Deaderick Street  
Nashville 37201 | Helps with cases that need legal counseling and everything related to divorces and domestic violence. |
| Juvenile Court | Rosa Alvarez  
615-862-8050  
100 Woodland Street  
Nashville 37213 | If you are on probation and having difficulty getting in touch with or communicating with your probation officer, call this number. |
<table>
<thead>
<tr>
<th><strong>Organization</strong></th>
<th><strong>Contact</strong></th>
<th><strong>Description</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bridges to Care</strong></td>
<td>Jossie Lange</td>
<td>Bridges to Care (BTC) links uninsured residents of Nashville to a network of some 35 safety net primary health, dental, mental health, and substance abuse clinics that serve patients based on their ability to pay. BTC also provides help with prescription medications and transportation.</td>
</tr>
<tr>
<td></td>
<td>615-760-2799</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://btc.nashville.gov/espanol_main.htm">http://btc.nashville.gov/espanol_main.htm</a></td>
<td></td>
</tr>
<tr>
<td><strong>Cayce Centro Familial de Salud</strong></td>
<td>615-226-1695</td>
<td>A clinic that provides health services at a low cost. They have Spanish-speaking personnel.</td>
</tr>
<tr>
<td></td>
<td>617 South 8 St.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Nashville 37206</td>
<td></td>
</tr>
<tr>
<td></td>
<td>* Luisa Araque- Programa para Diabetes.</td>
<td></td>
</tr>
<tr>
<td><strong>Center for Disease Control</strong></td>
<td>800-344-7432</td>
<td>A hotline which provides information on HIV/AIDS (in Spanish)</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.ashastd.org/nah/sida">www.ashastd.org/nah/sida</a></td>
<td></td>
</tr>
<tr>
<td><strong>Dalewood Clinic</strong></td>
<td>1460 McGavock Pike</td>
<td>Comprehensive medical clinic including family practice doctors, mental health counselors and a Teen Clinic. Spanish speaking/interpreters.</td>
</tr>
<tr>
<td></td>
<td>Nashville, TN 37216</td>
<td></td>
</tr>
<tr>
<td></td>
<td>467-3665</td>
<td></td>
</tr>
<tr>
<td><strong>Maplewood High School Clinic</strong></td>
<td>401 Maplewood Ln.</td>
<td>Comprehensive medical clinic including family practice doctors, mental health counselors and a Teen Clinic. Spanish speaking/interpreters.</td>
</tr>
<tr>
<td></td>
<td>Nashville, Tn 37216</td>
<td></td>
</tr>
<tr>
<td></td>
<td>467-3665</td>
<td></td>
</tr>
</tbody>
</table>
| **Meharry Medical College** | Vicente Samaniego  
615-327-5997  
Family and Community Medicine  
1005 Dr DB Todd Jr Blvd  
Nashville 37208  
http://nupace.mmc.edu | Data dissemination on various health topics with video capabilities from our physicians for anyone with internet access. Community outreach components w/research and needs assessment of Hispanics in the Nashville/Davidson County area. |
| --- | --- | --- |
| **Nashville Health Corps.** | 625 Benton Ave., #118  
Nashville, Tn 37204  
880-2155 | Comprehensive medical clinic including family practice doctors, mental health counselors and a Teen Clinic. Spanish speaking/interpreters. |
| **Nuestros Niños Latino Clinic** | Adriana Bialostozky  
615-865-7224  
330 Wallace Road Suite 109  
Nashville 37211 | Complete pediatric care for Hispanic children. Bilingual Staff  
Fee: TennCare, Private insurance  
Sched: Mon-Fri 9:00 am to 5:00 pm |
| **Nueva Vida: St. Thomas Health Center** | Health Center South:  
394 Harding Pl., #102  
Nashville, Tn 37211  
467-1413  
Health Center West:  
5201 Charlotte Ave.  
Nashville, TN 37209  
222-8226  
www.stthomas.org | Prenatal care for uninsured Hispanic women. |
| **Planned Parenthood of Middle and East Tennessee** | Monica or Emi  
615-345-0952/615-321-7216  
50 Vantage Way #102  
Nashville 37228  
URL: [www.ppmet.org](http://www.ppmet.org) | Confidential general gynecological care, basic general health care pregnancy testing and options counseling, birth control methods, testing and treatment for sexually transmitted infections, including HIV (for men and women), medical and surgical abortion, the "morning-after pill", educational workshops and training.  
Fees- on a sliding scale based on income |
| **Sam Levy/McFerrin Park Community Clinic** | 222 Grace Street  
Nashville, TN 37207  
255-8226 | Comprehensive medical clinic for the uninsured (sliding scale) including family practice doctors, mental health counselors and Teen Clinic; Spanish speaking/interpreters |
| **Siloam Family Health Center** | 615-298-5406  
820 Gale Lane  
Nashville 37204 | General medical practice serving the uninsured. Hispanic and Asian interpreters available. |
|-------------------------------|----------------|-----------------------------------------------------------------|
| **St. Thomas Family Health Center South** | Marlene Santana  
615-222-1400  
4928 Edmondson Pk  
Nashville 37211 | Primary health care, prenatal care, mental health and social work counseling. For individuals with or without insurance. Required Documents: Proof of Insurance, Proof of Income. |
| **St. Thomas Family Health Center West** | Marlene Santana  
615-222-1901  
5201 Charlotte Avenue  
Nashville 37209 | Primary health care, prenatal care, mental health and social work counseling. For individuals with or without insurance. Required Documents: Proof of Insurance, Proof of Income. |
| **TennCare Spanish Advocacy line** | Hotline: 1-800-254-7568  
Leyde Hernandez  
615-227-7568  
P.O. Box 40136  
Nashville 37204  
www.tenncaeadvocacy.org | Assists with TennCare problems including membership status, claims and appeals |
| **Tennessee Department of Health Office of Minority Health** | Carmencita Espada  
615-741-9444  
Cordell Hull Building 3rd Floor, 425 5th Avenue North  
Nashville 37247 | Statewide Latino Outreach Coordinator Division of Minority Health. Conducts research to determine Hispanic Community health needs, plans health education programs and implements education prevention programs and services. |
| **Vine Hill Community Clinic** | Iris Padilla  
615- 292-9770  
601 Benton Avenue, 2nd floor  
Nashville 37204 | High quality low cost medical care: medical exams, minor injuries, infections, immunizations, and mental health services. Fee: Medicaid, Medicare, TennCare, Pvt, Sliding Scale |
| **Waverly-Belmont Family Health Center** | 1501 12th Ave., South  
Nashville, TN 37203  
269-3461 | Comprehensive medical clinic for the uninsured (sliding scale) including family practice doctors, mental health counselors and Teen Clinic; Spanish speaking/interpreters |
<table>
<thead>
<tr>
<th><strong>Organization</strong></th>
<th><strong>Contact</strong></th>
<th><strong>Description</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Alix Weiss Sharp Center for the Family</td>
<td>2323 21st Ave. S. Nashville, TN 37212 297-6808</td>
<td>Spanish speaking counselor for individuals and families</td>
</tr>
<tr>
<td>Cayce Family Health Center (Counseling)</td>
<td>Victoria Cook 615-226-1695 617 South 8 Street Nashville 37206</td>
<td>Counseling services are provided by a bilingual professional counselor. Appointments can be made with Victoria Cook at the Cayce Clinic. The fee is based on a sliding scale. The counseling fee is minimum $45.</td>
</tr>
<tr>
<td>Centerstone</td>
<td>There are various locations in Davidson County 463-6600 <a href="http://www.centerstone.org">www.centerstone.org</a></td>
<td>Centerstone (a Tennessee-based not-for-profit) responds to the mental and behavioral healthcare needs of individuals and families, regardless of age or the severity of challenges. Centerstone offers a myriad of services from counseling and therapy, to vocational and socialization services, to a strong support system.</td>
</tr>
<tr>
<td>Centro Comunitario Puertas Abiertas</td>
<td>Eduardo A. Lelli 615-497-9733 153 Antioch Pike Nashville 37211</td>
<td>Puertas Abiertas Pastoral Counseling Center offers: bilingual, spiritual, emotional, and substance abuse counseling for teens, adults, couples and family. The center provides space for support groups.</td>
</tr>
<tr>
<td>Dr. Georgina Abisellan</td>
<td>2918 Lebanon Road Donelson, TN 889-0200</td>
<td>Spanish speaking psychiatrist who provides services to Hispanic adults</td>
</tr>
<tr>
<td>Elam Mental Health Center</td>
<td>1005 David B. Todd Boulevard Elam Center 2 Nashville, TN 37208 (615) 327-6609</td>
<td>Case management, various therapeutic programs</td>
</tr>
<tr>
<td>Frank Cardona, PhD</td>
<td>1233 17th Ave. S. Nashville, TN 37212 329-4182</td>
<td>Spanish-speaking therapist who works with children, adults, couples, families, and groups</td>
</tr>
</tbody>
</table>
| **Life Cycles Counseling Services** | Susan Hammonds- White 615-386-0313  
2416 21st Avenue South Suite 204 Nashville 37212 | Licensed professional counselor. Accepts private medical insurance or/and cash payments. In some cases will do sliding fee. |
|---|---|---|
| **Mental Health Association of Middle Tennessee** | Luisa Hough 615-269-5355  
2416 21st Avenue South suite 201 Nashville 37212  
[www.ichopecom](http://www.ichopecom) | Information and referral, evaluations and assessments for people with mental health needs, domestic violence, drug and alcohol. Educational/support groups for Hispanic women. All services are free of charge. The Hispanic program is open Monday thru Thursday from 8:30 to 5:00pm. |
| **Mental Health Cooperative** | 275 Cumberland Bend Drive  
Nashville, Tennessee 37228  
615-726-3340  
615-726-3340 (for local calls)  
888-844-2005  
24-hour crisis center:  
615-726-0125 | An agency that provides case management, psychiatry services and clinic, and emergency psych services (24 hours a day) |
| **Nashville Child Advocacy Center** | 1808 West End, #709  
Nashville, TN 37203  
327-9958 | Spanish-speaking therapist who works with children who have been abused. |

---

**Housing and Emergency Shelters**

<table>
<thead>
<tr>
<th><strong>Organization</strong></th>
<th><strong>Contact</strong></th>
<th><strong>Description</strong></th>
</tr>
</thead>
</table>
| **Campus for Human Development Hispanic Services** | 532 8th Avenue South  
P. O. Box 25309  
Nashville, TN 37202-5309  
251-9791  
Their program, Room at the Inn, has shelter for 225 people each night between November 1 and March 31. |
| **Conexión Americas** | Angelica Farfan/Martha Zamudio  
615- 269-6900  
800 18th Avenue South, Suite A  
Nashville 37203  
[www.conamericas.com](http://www.conamericas.com) | Puertas Abiertas Program: homeownership program (helps with tax forms etc..) |
| **Hope Center** | 639 Lafayette St  
Nashville, TN 37203  
(615) 255-2475  
www.nashvillerescuemission.org | Hope Center is a recovery program for women with drug and alcohol abuse problems. The center works together with a mother and her children or single women to strengthen her spiritual, mental, physical and sentimental relationships. |
| **Nashville Rescue Mission** | 639 Lafayette St  
Nashville, TN 37203  
(615) 255-2475  
www.nashvillerescuemission.org | Homeless shelter which provides meals and certain treatment programs. |
| **Urban Housing Solutions** | Belinda Gonzales  
615-726-2696 x 16  
411 Murfreesboro Rd  
Nashville 37210  
http://www.urbanhousingsolutions.org/ | Have 15 affordable housing properties (500+ units) in the Nashville area  
Primarily house individuals and families with low-to-moderate incomes, those who were homeless, persons diagnosed with mental illness, those with physical disabilities, and those in recovery from substance abuse  
Provide case management, transportation, life skills training and other supports to residents |
| **Transitional Housing Program: Salvation Army** | 385-5009  
(Spanish speaking line)  
www.salarmy-nashville.org/ | Housing, counseling, case management, support for homeless single women, women on probation, parole or expired sentence. |

### Domestic Violence Resources

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact</th>
<th>Description</th>
</tr>
</thead>
</table>
| **Domestic Violence Hotline** | 800-799-7233  
800-787-3224 (deaf line)  
www.ndvh.org | 24 hour hotline which has information for domestic violence victims. Spanish interpreters available. |
| **Domestic Violence Intervention Center** | 404 James Roberston Parkway,  
Suite 109  
Nashville, TN 37219  
255-0711 | Family workshops and groups for male batterers; interpreters available. |
### Home Safe, Domestic Violence Shelter

Adriana Gonzalez  
615-452-5439  
Spanish help line: 615-969-3260  
P.O. Box 607  
Gallatin, TN 37066

This is a domestic violence program located in Sumner County, Robinson County and Wilson County. This program provides peer and domestic violence counseling and advocacy, 24 hour hotline services, assistance with supplemental food, referral to other agencies. Offers emergency shelter for victims of domestic violence. Community agency referral and advocacy. Legal advocacy and assistance as well as well as community agencies referral services are available if client needs it. Clients must be 18 years of age.

### Murfreesboro Domestic Violence Shelter

Sherry Rivera  
615-896-2032 / 615-895-0185

Emergency shelter for women victims of domestic violence

### St. Stevens Church (Batterer Group)

Luis Bustillos  
615-351-6655  
14544 Lebanon Road.  
Mt. Juliet 37138

A volunteer program that works with persons that are batterers but have not been court ordered to take anger management classes.

---

### Substance Abuse Services

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact</th>
<th>Description</th>
</tr>
</thead>
</table>
| **Centro Comunitario Puertas Abiertas (Primera Iglesia Nazarena Hispana de Nashville)** | Eduardo A. Lelli  
615-497-9733  
153 Antioch Pike  
Nashville 37211 | Puertas Abiertas Pastoral Counseling Center offers: bilingual, spiritual, emotional, and substance abuse counseling for teens, adults, couples and family. The center provides space for support groups. |
| **Samaritan Recovery Community, Inc. (Wade Prince & Assoc.)** | Gerardo Solis  
615-627-4762 Ext 102  
1100 Kermit Drive  
Nashville 37217 | Work in cooperation with Samaritan Recovery Community, Inc. Provide counseling for individuals that are in drug and alcohol rehabilitation. There is a charge for this program. They provide: Low Intensity Outpatient/ DUI Programs; Dual A & D Domestic Violence Programs; Intensive Outpatient Programs. |
| **Elam Mental Health Center** | 1005 David B. Todd Boulevard Elam Center 2 Nashville, TN 37208 (615) 327-6609 | Case management, various treatment and therapeutic programs |
| **Buffalo Valley** | 501 Park Avenue South Hohenwald, Tennessee 38462 (800) 447-2766 http://www.buffalovalley.org/ | A residential treatment program for those with drug and alcohol abuse. They have Spanish speaking interpreters. |

### Family Services

<table>
<thead>
<tr>
<th><strong>Organization</strong></th>
<th><strong>Contact</strong></th>
<th><strong>Description</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Alix Weiss Sharp Center for the Family</strong></td>
<td>2323 21st Ave. S. Nashville, TN 37212 297-6808</td>
<td>Spanish-speaking therapy for individuals and families.</td>
</tr>
<tr>
<td><strong>Child Support Services of Tennessee</strong></td>
<td>615-726-0530 222 2nd Avenue North Suite 600 Nashville 37201</td>
<td>Office where you can apply for child support</td>
</tr>
<tr>
<td><strong>Exchange Club</strong></td>
<td>Hernan Barenboim 615-333-2644 Ext 18 139 Thompson Lane Nashville 37211 <em>URL: <a href="http://www.xcfc.org">www.xcfc.org</a></em></td>
<td>Parenting classes and how to raise your children from 0 to 18 yrs old. There is no need to have a court order.</td>
</tr>
<tr>
<td><strong>First Steps</strong></td>
<td>Rosario Langlois 615- 834-7570 Ext 245 3004 Tuggle Avenue Nashville 37211</td>
<td>Home-based community outreach early intervention program for children with special needs ages 0 to 3 yrs old. They also provide home services led by specialized professionals.</td>
</tr>
<tr>
<td><strong>MIHOW</strong></td>
<td>Tonia Elkins 615-333-2644 ext.25 222 Oriel Avenue Nashville</td>
<td>Educational and support program for pregnant women. Provides home visits, educational material, clothing, toys, etc. Free of charge.</td>
</tr>
</tbody>
</table>
| **Metropolitan Social Services, Central Office** | Luz Belleza  
615-862-6413  
523 A Mainstream Dr  
Nashville 37228 | They have several activities that provide positive change for families and individuals during times of crisis or financial problems. They have: Information and referral, Counseling, Services for the indigent, burial assistance, Nutrition services, Adult Homemaker program, Senior services |
| **Nashville Children's Alliance** | Carmen Santiago, Family Advocate  
615-327-9958  
1264 Foster Avenue  
Nashville 37210 | Provides services to children who have been sexually or physically abused or who have witnessed violence.  
Bilingual therapists: Lilia Urquiza and Matt Heiner |
| **Prevent Child Abuse** | Leticia Gonzalez  
615-383-0994  
[www.pcat.org](http://www.pcat.org)  
Hotline: 1-800-356-6767  
1120 Glendale Lane  
Nashville 37204 | Free 24 hour resource for parents. Advise, support and referrals to local and statewide programs. |
| **Regional Intervention Program (RIP), Nashville** | Dalmys Sanchez  
615- 963-1177  
3411 Belmont Boulevard  
Nashville 37215  
[http://www.ripnetwork.org/espan/in dex.htm](http://www.ripnetwork.org/espan/index.htm) | A parent implemented treatment program with a direct focus on troubling behaviors.  
The treatment structure moves families from receiving assistance to providing assistance for themselves and other families.  
Fee: Family agrees to provide 1 "payback visit" for each treatment visit. |
| **Tennessee Disability Pathfinder -- Hispanic Outreach Project** | Claudia Avila-Lopez  
615-322-8529 ext.11  
1114 17th Ave South Ste 105  
Nashville 37212  
[www.familypathfinder.org](http://www.familypathfinder.org)  
Centro Comunitario de Woodbine: Carolina Meyerson- 615-400-4422 | Information and referral for individuals with disabilities in English and Spanish.  
The TN Disability Pathfinder is also sponsoring once a month a support group for spanish speaking families who have children with disabilities. This group gets together on a Monday from 6 to 7:30pm. |
| **TN Children's Special Services (CSS)** | Viviana Grice  
615-340-2189  
Lentz Health Center Room 119, 311 23rd Avenue North  
Nashville 37203 | Program for children with special medical needs, offered by the Health Department of Tennessee. Serve Tennessee residents, from 0-21 years old that suffer from a chronic condition or a medical condition that could affect the independent functioning of a child. |
| **Tennessee Early Intervention Systems (TEIS)** | Deborah Diaz  
615-936-1817  
2611 West End Avenue Suite 305  
Nashville 37203 | Statewide program is sponsored by the TN Department of Education.  
TEIS provides early intervention services to young children with special needs (birth to three years) and their families.  
Home-based |
| YMCA, Harding Place | Major, Brad  
615-834-1300 Ext 22  
411 Metroplex Drive  
Nashville 37211  
[www.ymcamidtn.org/harding/hispanol.shtml](http://www.ymcamidtn.org/harding/hispanol.shtml) | The Hispanic Achievers program offers education programs (reading, tutoring and math) for kids from pre-k to 6th grade, vocational orientation and pre-university preparation for youth from 7th-High School graduates. English and computer classes for adults. Festivals and activities for the Hispanic community and scholarships for participants of Hispanic Achievers.  
The center offers recreation programs for members. |
| Youth Villages | Dulce Quintero  
615- 250-7211  
3310 Perimeter Hill Drive  
Nashville, Tn 37211  
[www.youthvillages.org](http://www.youthvillages.org) | YouthVillages is a private nonprofit organization that provides help to thousands of children with emotional and behavioral problems and their families each year. In order to qualify for home-based counseling services the child must have TennCare or be under State’s Custody. |