

Social Services in Tennessee for People with Limited English Proficiency

See below for information regarding:

- Hispanic Outreach Services
- Legal Services
- Healthcare Resources
- Mental Health Resources
- Housing and Emergency Shelters
- Domestic Violence Shelters
- Substance Abuse Services
- Family Services

Hispanic Outreach Services

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
Catholic Charities of Tennessee: Woodbine Community Center	Terry Horgan 615-850-3449 222 Oriel Avenue Nashville 37210	Provides services for the Hispanic community. Information and referral, tax preparation, translation of birth certificates and legal documents, assistance with employment, legal aid, assistance and information with immigration issues. There is a minimal charge for some of the services.
Catholic Charities of Tennessee: Hispanic Family Social Services	Annais Riggs 615 760-2786 10 South 6th Street Nashville 37206	Catholic Charities provides the following services free of charge. Basic necessities such as food and clothing, Access to medical services, a weekly bilingual pre-school group for mothers with children ages 3-5, Referrals to agencies depending on personal need, translation of birth certificates, educate and assist qualifying individuals with applications for food stamps, TennCare, and other DHS programs.
Conexión Americas	Angelica Farfan/Martha Zamudio 615- 269-6900 800 18th Avenue South, Suite A Nashville 37203 www.conamericas.com	Conexión Americas has various services for the Hispanic community such as a Spanish Help Line for information, referral and assistance. They have financial literacy education and counseling, a homeownership program, tax payer education and assistance, and language exchange services.

<p>Tennessee Immigrant and Refugee Rights Coalition (TIRRC)</p>	<p>442 Metroplex Drive Building D, Suite 118 Nashville, TN 37211</p> <p>833-0384</p> <p>www.tnimmigrant.org</p>	<p>Tennessee Immigrant and Refugee Rights Coalition (TIRRC) is a statewide, immigrant and refugee-led collaboration whose mission is to empower immigrants and refugees throughout Tennessee to develop a unified voice, defend their rights, and create an atmosphere in which they are viewed as positive contributors to the state.</p>
<p>Hispanic Family Resource Center</p>	<p>800 18th Ave. S Nashville, TN 37203</p> <p>742-9119</p>	<p>Assistance for non-English speaking Hispanics with paperwork and resource/information referral</p>

Legal Services

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
<p>Metropolitan Public Defender's Office</p>	<p>404 James Roberston Parkway, Suite 2022 Nashville, TN 37219</p> <p>Office: (615) 862-5730 From the jail: (615) 862-5737</p>	<p>The Public Defender's Office provides free legal representation to indigent defendants in Davidson County.</p>
<p>Disability Law & Advocacy Center of Tennessee</p>	<p>Katy Alexander 615-298-1080 ext. 26</p> <p>2416 21st Ave S Nashville 37212</p> <p>URL: www.dlactn.org</p>	<p>Disability Law & Advocacy Center of Tennessee advocates for the rights of Tennesseans with disabilities to ensure they have an equal opportunity to be productive and respected members of our society.</p>
<p>Legal Aid Society of Middle Tennessee & Cumberlands</p>	<p>Helena Ortegon 615-780-7117</p> <p>300 Deaderick Street Nashville 37201</p>	<p>Helps with cases that need legal counseling and everything related to divorces and domestic violence.</p>
<p>Juvenile Court</p>	<p>Rosa Alvarez 615-862-8050</p> <p>100 Woodland Street Nashville 37213</p>	<p>If you are on probation and having difficulty getting in touch with or communicating with your probation officer, call this number.</p>

Tennessee Human Rights Commission	Francisco Guzman 615-532-3391 530 Church Street Suite 305 Nashville 37243 www.tennessee.gov/humanrights	Help with housing and employment discrimination including disabilities, national origin, race, religion and family condition (children under 18 yrs of age). This includes when renting or buying housing. Can help fill out the paperwork for a complaint.
--	--	---

Healthcare Resources

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
Bridges to Care	Jossie Lange 615-760-2799 http://btc.nashville.gov/espanol_main.htm	Bridges to Care (BTC) links uninsured residents of Nashville to a network of some 35 safety net primary health, dental, mental health, and substance abuse clinics that serve patients based on their ability to pay. BTC also provides help with prescription medications and transportation.
Cayce Centro Familiar de Salud	615-226-1695 617 South 8 St. Nashville 37206 * Luisa Araque- Programa para Diabetes.	A clinic that provides health services at a low cost. They have Spanish-speaking personnel. Payment: Medicare, TennCare, Pvt, Sliding Scale
Center for Disease Control	800-344-7432 www.ashastd.org/nah/sida	A hotline which provides information on HIV/AIDS (in Spanish)
Dalewood Clinic	1460 McGavock Pike Nashville, TN 37216 467-3665	Comprehensive medical clinic including family practice doctors, mental health counselors and a Teen Clinic. Spanish speaking/interpreters.
Maplewood High School Clinic	401 Maplewood Ln. Nashville, Tn 37216 467-3665	Comprehensive medical clinic including family practice doctors, mental health counselors and a Teen Clinic. Spanish speaking/interpreters.

<p>Meharry Medical College</p>	<p>Vicente Samaniego 615-327-5997</p> <p>Family and Community Medicine 1005 Dr DB Todd Jr Blvd Nashville 37208 http://nupace.mmc.edu</p>	<p>Data dissemination on various health topics with video capabilities from our physicians for anyone with internet access. Community outreach components w/research and needs assessment of Hispanics in the Nashville/Davidson County area.</p>
<p>Nashville Health Corps.</p>	<p>625 Benton Ave., #118 Nashville, Tn 37204</p> <p>880-2155</p>	<p>Comprehensive medical clinic including family practice doctors, mental health counselors and a Teen Clinic. Spanish speaking/interpreters.</p>
<p>Nuestros Niños Latino Clinic</p>	<p>Adriana Bialostozky 615- 865-7224</p> <p>330 Wallace Road Suite 109 Nashville 37211</p>	<p>Complete pediatric care for Hispanic children. Bilingual Staff</p> <p>Fee: TennCare, Private insurance</p> <p>Sched: Mon-Fri 9:00 am to 5:00 pm</p>
<p>Nueva Vida: St. Thomas Health Center</p>	<p><u>Health Center South:</u> 394 Harding Pl., #102 Nashville, Tn 37211 467-1413</p> <p><u>Health Center West:</u> 5201 Charlotte Ave. Nashville, TN 37209 222-8226 www.stthomas.org</p>	<p>Prenatal care for uninsured Hispanic women.</p>
<p>Planned Parenthood of Middle and East Tennessee</p>	<p>Monica or Emi 615-345-0952/615-321-7216</p> <p>50 Vantage Way #102 Nashville 37228 URL: www.ppmet.org</p>	<p>Confidential general gynecological care, basic general health care pregnancy testing and options counseling, birth control methods, testing and treatment for sexually transmitted infections, including HIV (for men and women), medical and surgical abortion, the "morning-after pill", educational workshops and training.</p> <p>Fees- on a sliding scale based on income</p>
<p>Sam Levy/McFerrin Park Community Clinic</p>	<p>222 Grace Street Nashville, TN 37207</p> <p>255-8226</p>	<p>Comprehensive medical clinic for the uninsured (sliding scale) including family practice doctors, mental health counselors and Teen Clinic; Spanish speaking/interpreters</p>

Siloam Family Health Center	615-298-5406 820 Gale Lane Nashville 37204	General medical practice serving the uninsured. Hispanic and Asian interpreters available.
St. Thomas Family Health Center South	Marlene Santana 615-222-1400 4928 Edmondson Pk Nashville 37211	Primary health care, prenatal care, mental health and social work counseling. For individuals with or without insurance. Required Documents: Proof of Insurance, Proof of Income.
St. Thomas Family Health Center West	Marlene Santana 615-222-1901 5201 Charlotte Avenue Nashville 37209	Primary health care, prenatal care, mental health and social work counseling. For individuals with or without insurance. Required Documents: Proof of Insurance, Proof of Income.
TennCare Spanish Advocacy line	Hotline: 1-800-254-7568 Leyde Hernandez 615-227-7568 P.O. Box 40136 Nashville 37204 www.tennreadvocacy.org	Assists with TennCare problems including membership status, claims and appeals
Tennessee Department of Health Office of Minority Health	Carmencita Espada 615-741-9444 Cordell Hull Building 3rd Floor, 425 5th Avenue North Nashville 37247	Statewide Latino Outreach Coordinator Division of Minority Health. Conducts research to determine Hispanic Community health needs, plans health education programs and implements education prevention programs and services.
Vine Hill Community Clinic	Iris Padilla 615- 292-9770 601 Benton Avenue, 2nd floor Nashville 37204	High quality low cost medical care: medical exams, minor injuries, infections, immunizations, and mental health services. Fee: Medicaid, Medicare, TennCare, Pvt, Sliding Scale
Waverly-Belmont Family Health Center	1501 12 th Ave., South Nashville, TN 37203 269-3461	Comprehensive medical clinic for the uninsured (sliding scale) including family practice doctors, mental health counselors and Teen Clinic; Spanish speaking/interpreters

Mental Health Resources

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
Alix Weiss Sharp Center for the Family	2323 21 st Ave. S. Nashville, TN 37212 297-6808	Spanish speaking counselor for individuals and families
Cayce Family Health Center (Counseling)	Victoria Cook 615-226-1695 617 South 8 Street Nashville 37206	Counseling services are provided by a bilingual professional counselor. Appointments can be made with Victoria Cook at the Cayce Clinic. The fee is based on a sliding scale. The counseling fee is minimum \$45.
Centerstone	There are various locations in Davidson County 463-6600 www.centerstone.org	Centerstone (a Tennessee-based not-for-profit) responds to the mental and behavioral healthcare needs of individuals and families, regardless of age or the severity of challenges. Centerstone offers a myriad of services from counseling and therapy, to vocational and socialization services, to a strong support system.
Centro Comunitario Puertas Abiertas	Eduardo A. Lelli 615-497-9733 153 Antioch Pike Nashville 37211	Puertas Abiertas Pastoral Counseling Center offers: bilingual, spiritual, emotional, and substance abuse counseling for teens, adults, couples and family. The center provides space for support groups.
Dr. Georgina Abisellan	2918 Lebanon Road Donelson, TN 889-0200	Spanish speaking psychiatrist who provides services to Hispanic adults
Elam Mental Health Center	1005 David B. Todd Boulevard Elam Center 2 Nashville, TN 37208 (615) 327-6609	Case management, various therapeutic programs
Frank Cardona, PhD	1233 17 th Ave. S. Nashville, TN 37212 329-4182	Spanish-speaking therapist who works with children, adults, couples, families, and groups

Life Cycles Counseling Services	Susan Hammonds- White 615-386-0313 2416 21st Avenue South Suite 204 Nashville 37212	Licensed professional counselor. Accepts private medical insurance or/and cash payments. In some cases will do sliding fee.
Mental Health Association of Middle Tennessee	Luisa Hough 615-269-5355 2416 21st Avenue South suite 201 Nashville 37212 www.ichope.com	Information and referral, evaluations and assessments for people with mental health needs, domestic violence, drug and alcohol. Educational/support groups for Hispanic women. All services are free of charge. The Hispanic program is open Monday thru Thursday from 8:30 to 5:00pm.
Mental Health Cooperative	275 Cumberland Bend Drive Nashville, Tennessee 37228 615-726-3340 615-726-3340 (for local calls) 888-844-2005 24-hour crisis center: 615-726-0125	An agency that provides case management, psychiatry services and clinic, and emergency psych services (24 hours a day)
Nashville Child Advocacy Center	1808 West End, #709 Nashville, TN 37203 327-9958	Spanish-speaking therapist who works with children who have been abused.

Housing and Emergency Shelters

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
Campus for Human Development Hispanic Services	532 8th Avenue South P. O. Box 25309 Nashville, TN 37202-5309 251-9791 www.chd-nashville.org	Assistance for the Hispanic homeless population. Their program, Room at the Inn, has shelter for 225 people each night between November 1 and March 31.
Conexión Americas	Angelica Farfan/Martha Zamudio 615- 269-6900 800 18th Avenue South, Suite A Nashville 37203 www.conamericas.com	Puertas Abiertas Program: homeownership program (helps with tax forms etc..)

Hope Center	639 Lafayette St Nashville, TN 37203 (615) 255-2475 www.nashvillerescuemission.org	Hope Center is a recovery program for women with drug and alcohol abuse problems. The center works together with a mother and her children or single women to strengthen her spiritual, mental, physical and sentimental relationships.
Nashville Rescue Mission	639 Lafayette St Nashville, TN 37203 (615) 255-2475 www.nashvillerescuemission.org	Homeless shelter which provides meals and certain treatment programs.
Urban Housing Solutions	Belinda Gonzales 615-726-2696 x 16 411 Murfreesboro Rd Nashville 37210 http://www.urbanhousingsolutions.org/	Have 15 affordable housing properties (500+ units) in the Nashville area Primarily house individuals and families with low-to-moderate incomes, those who were homeless, persons diagnosed with mental illness, those with physical disabilities, and those in recovery from substance abuse Provide case management, transportation, life skills training and other supports to residents
Transitional Housing Program: Salvation Army	385-5009 (Spanish speaking line) www.salarmy-nashville.org/	Housing, counseling, case management, support for homeless single women, women on probation, parole or expired sentence.

Domestic Violence Resources

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
Domestic Violence Hotline	800-799-7233 800-787-3224 (deaf line) www.ndvh.org	24 hour hotline which has information for domestic violence victims. Spanish interpreters available.
Domestic Violence Intervention Center	404 James Roberston Parkway, Suite 109 Nashville, TN 37219 255-0711	Family workshops and groups for male batterers; interpreters available.

Home Safe, Domestic Violence Shelter	Adriana Gonzalez 615-452-5439 Spanish help line:615-969-3260 P.O. Box 607 Gallatin, TN 37066	This is a domestic violence program located in Sumner County, Robinson County and Wilson County. This program provides peer and domestic violence counseling and advocacy, 24 hour hotline services, assistance with supplemental food, referral to other agencies. Offers emergency shelter for victims of domestic violence. Community agency referral and advocacy. Legal advocacy and assistance as well as well as community agencies referral services are available if client needs it. Clients must be 18 years of age.
Murfreesboro Domestic Violence Shelter	Sherry Rivera 615-896-2032 / 615-895-0185	Emergency shelter for women victims of domestic violence
St. Stevens Church (Batterer Group)	Luis Bustillos 615-351-6655 14544 Lebanon Road. Mt. Juliet 37138	A volunteer program that works with persons that are batterers but have not been court ordered to take anger management classes.

Substance Abuse Services

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
Centro Comunitario Puertas Abiertas (Primera Iglesia Nazarena Hispana de Nashville)	Eduardo A. Lelli 615-497-9733 153 Antioch Pike Nashville 37211	Puertas Abiertas Pastoral Counseling Center offers: bilingual, spiritual, emotional, and substance abuse counseling for teens, adults, couples and family. The center provides space for support groups.
Samaritan Recovery Community, Inc. (Wade Prince & Assoc.)	Gerardo Solis 615-627-4762 Ext 102 1100 Kermit Drive Nashville 37217	Work in cooperation with Samaritan Recovery Community, Inc. Provide counseling for individuals that are in drug and alcohol rehabilitation. There is a charge for this program. They provide: Low Intensity Outpatient/ DUI Programs; Dual A & D Domestic Violence Programs; Intensive Outpatient Programs.

Elam Mental Health Center	1005 David B. Todd Boulevard Elam Center 2 Nashville, TN 37208 (615) 327-6609	Case management, various treatment and therapeutic programs
Buffalo Valley	501 Park Avenue South Hohenwald, Tennessee 38462 (800) 447-2766 http://www.buffalovalley.org/	A residential treatment program for those with drug and alcohol abuse. They have Spanish speaking interpreters.

Family Services

<i>Organization</i>	<i>Contact</i>	<i>Description</i>
Alix Weiss Sharp Center for the Family	2323 21 st Ave. S. Nashville, TN 37212 297-6808	Spanish-speaking therapy for individuals and families.
Child Support Services of Tennessee	615-726-0530 222 2nd Avenue North Suite 600 Nashville 37201	Office where you can apply for child support
Exchange Club	Hernan Barenboim 615-333-2644 Ext 18 139 Thompson Lane Nashville 37211 <i>URL:</i> www.xcfc.org	Parenting classes and how to raise your children from 0 to 18 yrs old. There is no need to have a court order.
First Steps	Rosario Langlois 615- 834-7570 Ext 245 3004 Tuggle Avenue Nashville 37211	Home-based community outreach early intervention program for children with special needs ages 0 to 3 yrs old. They also provide home services led by specialized professionals.
MIHOW	Tonia Elkins 615-333-2644 ext.25 222 Oriel Avenue Nashville	Educational and support program for pregnant women. Provides home visits, educational material, clothing, toys, etc. Free of charge.

Metropolitan Social Services, Central Office	Luz Belleza 615-862-6413 523 A Mainstream Dr Nashville 37228	They have several activities that provide positive change for families and individuals during times of crisis or financial problems. They have: Information and referral, Counseling, Services for the indigent, burial assistance, Nutrition services, Adult Homemaker program, Senior services
Nashville Children's Alliance	Carmen Santiago, Family Advocate 615-327-9958 1264 Foster Avenue Nashville 37210	Provides services to children who have been sexually or physically abused or who have witnessed violence. Bilingual therapists: Lilia Urquiza and Matt Heiner
Prevent Child Abuse	Leticia Gonzalez 615-383-0994 www.pcat.org Hotline: 1-800-356-6767 1120 Glendale Lane Nashville 37204	Free 24 hour resource for parents. Advise, support and referrals to local and statewide programs.
Regional Intervention Program (RIP), Nashville	Dalmys Sanchez 615- 963-1177 3411 Belmont Boulevard Nashville 37215 http://www.ripnetwork.org/espan/index.htm	A parent implemented treatment program with a direct focus on troubling behaviors. The treatment structure moves families from receiving assistance to providing assistance for themselves and other families. Fee: Family agrees to provide 1 "payback visit" for each treatment visit.
Tennessee Disability Pathfinder -- Hispanic Outreach Project	Claudia Avila-Lopez 615-322-8529 ext.11 1114 17th Ave South Ste 105 Nashville 37212 www.familypathfinder.org Centro Comunitario de Woodbine: Carolina Meyerson- 615-400-4422	Information and referral for individuals with disabilities in English and Spanish. The TN Disability Pathfinder is also sponsoring once a month a support group for spanish speaking families who have children with disabilities. This group gets together on a Monday from 6 to 7:30pm.
TN Children's Special Services (CSS)	Viviana Grice 615-340-2189 Lentz Health Center Room 119, 311 23rd Avenue North Nashville 37203	Program for children with special medical needs, offered by the Health Department of Tennessee. Serve Tennessee residents, from 0-21 years old that suffer from a chronic condition or a medical condition that could affect the independent functioning of a child.
Tennessee Early Intervention Systems (TEIS)	Deborah Diaz 615-936-1817 2611 West End Avenue Suite 305 Nashville 37203	Statewide program is sponsored by the TN Department of Education. TEIS provides early intervention services to young children with special needs (birth to three years) and their families. Home-based

<p>YMCA, Harding Place</p>	<p>Major, Brad 615-834-1300 Ext 22</p> <p>411 Metroplex Drive Nashville 37211</p> <p>www.ymcamidtn.org/harding/ha-espanol.shtml</p>	<p>The Hispanic Achievers program offers education programs(reading, tutoring and math)for kids from pre-k to 6th grade, vocational orientation and pre-university preparation for youth from 7th-High School graduates. English and computer classes for adults. Festivals and activities for the Hispanic community and scholarships for participants of Hispanic Achievers.</p> <p>The center offers recreation programs for members.</p>
<p>Youth Villages</p>	<p>Dulce Quintero 615- 250-7211</p> <p>3310 Perimeter Hill Drive Nashville, Tn 37211</p> <p>www.youthvillages.org</p>	<p>YouthVillages is a private nonprofit organization that provides help to thousands of children with emotional and behavioral problems and their families each year. In order to qualify for home-based counseling services the child must have TennCare or be under State's Custody.</p>